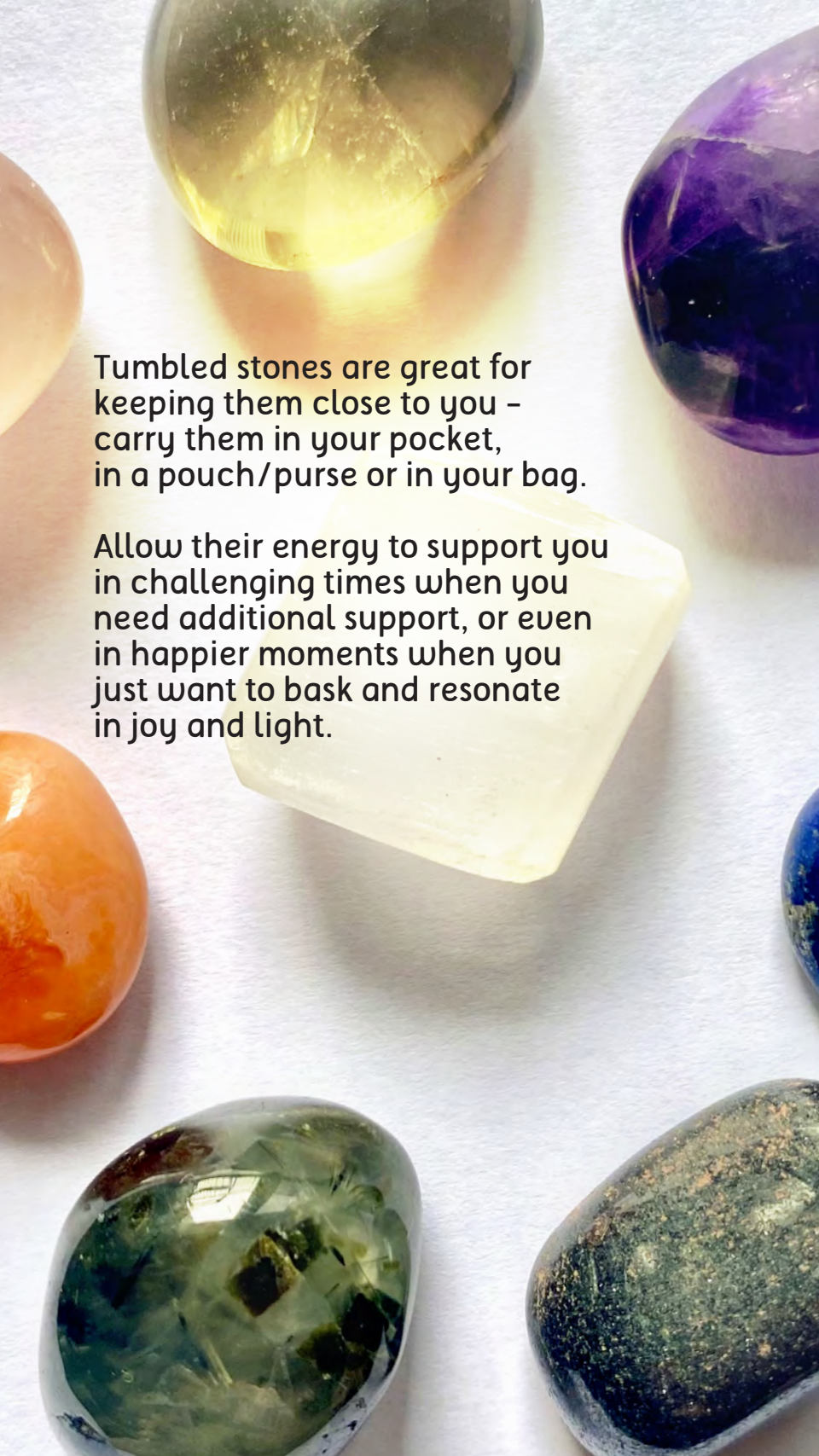


@ready.to.rock

CHAKRA CRYSTALS

tumbled set



Tumbled stones are great for keeping them close to you - carry them in your pocket, in a pouch/purse or in your bag.

Allow their energy to support you in challenging times when you need additional support, or even in happier moments when you just want to bask and resonate in joy and light.

HEMATITE



Hematites help to absorb negative energy and bring much needed calm in times of stress and worry. They are very protective crystals & are great to have around to help you stay grounded in challenging or anxious situations.

They can help you to discover your own unique gifts and to release self-imposed limitations while maintaining a healthy amount of self control.

Carry Hematite with you when in need of balance or when you're having difficulty in focusing your energies.



Root

Strength, balance, grounding, transmute negative energies, balance polarity

CARNELIAN



Carnelians are powerhouses of vitality, motivation and bold action – inspiring courage & boosting confidence to move forward on a new path in life, from bringing new creations to life or even performing on a stage.

They help to bring out your hidden talents – enhancing mental focus while stimulating creativity.

Carry a Carnelian with you wherever you go, and allow it to lend its vibrant, fiery energy to ignite your vitality, confidence and powerful creative instincts.

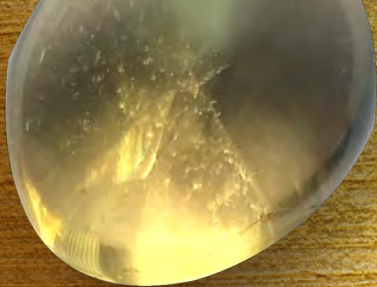


Sacral/Solar Plexus

Courage, confidence, fiery energy,
passion, action, creativity

CITRINE

[SMOKY]



Citrines exude the energy of light, carrying with them power of the sun - warmth, positivity, energy and joy - like Vitamin C for the soul. They are powerful manifestation and imagination stones - helping you transform thoughts, ideas and dreams into reality.

They are famously known as stones for abundance and wealth, and besides boosting these intentions, they also radiate joy and optimism - giving you the support to achieve these goals!

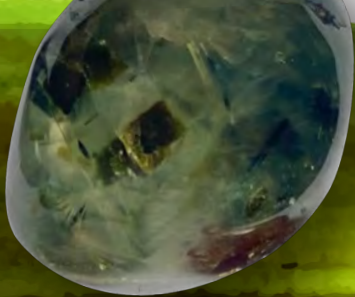
They are also associated with the Solar Plexus chakra, which governs self confidence, personal power while dissolving stagnant and energetic blocks linked to motivation and perseverance.



Sacral/Solar Plexus

Inspiration, confidence, motivation, abundance, clarity, positivity

PREHNITE WITH EPIDOTE



Prehnites are known as the crystal to heal the healer (*they heighten the flow of life-force energy in the body*).

They create a connection between the Heart & Solar Plexus (personal will) chakras, allowing you to live life from a heart based perspective. When you act from the heart, all of your actions are done in the service of love – for the highest good of all. When harnessed properly, they are excellent manifestation crystals, especially when it's in line with your higher purposes.

Prehnite is commonly found intergrown with Epidote – both of these crystals offer up a high vibrational energy that channels directly to one's heart space. They will help jumpstart your heart and fill it with endless rays of love and compassion.



Solar Plexus/Heart

Higher self, love, compassion, attunement with higher realms unity of the heart & will

ROSE QUARTZ



Rose Quartz are the most important crystals of the heart and the Heart Chakra, teaching the true essence of love, purifying and opening the heart on all levels.

They are the embodiment of unconditional love, carrying an energy of gentleness and peace. Be it self love, attracting a romantic love or fostering love in any situation, their loving energy helps to activate & recognize your compassion - to understand and to forgive.

Let the energies of tenderness & peace dissolve all your wounds, hurts, judgements of others and especially of self-judgement, to help you foster a more loving relationship to all those around you.

CHAKRA



Heart

Love in all shapes & forms, heal old emotional wounds, nurturing energy

LAPIS LAZULI

Lapis Lazuli are magical gems that ancient cultures believed were a gift from the gods. Their deep, celestial blue remains the symbol of royalty and honor, gods and power, spirit and vision.

They are powerful crystals for activating the higher mind and enhancing intellectual ability. They stimulate the desire for knowledge, truth, and understanding, and also aid in the process of learning. They are excellent for enhancing memory.

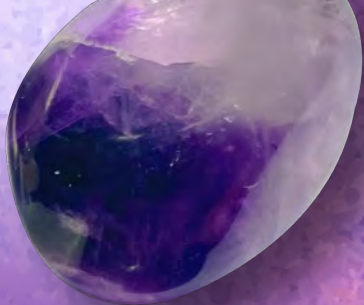
A stone of truth, Lapis Lazuli encourages honesty of the spirit, and in the spoken and written word. Wear them for all forms of deep communication. They are also stones of friendship and bring harmony to relationships.



Throat/Third Eye

Communication, knowledge, loyalty, insight, success, truth, wisdom

AMETHYST



Amethysts have been revered throughout the ages for their stunning beauty and their legendary powers to stimulate & soothe the mind and emotions. They are semi-precious stones in today's classifications, but to the ancients, it was a "Gem of Fire"; a precious stone worth, at times in history, as much as a Diamond.

They are Crown Chakra crystals – helpful in purifying the mind & clearing it of negative thoughts which comes in all shapes and forms (*stress, anxiety, irritability, mood swings, anger, fear, feelings of lack, etc*). They are magical all-rounder crystals, with such a wide spectrum of healing properties that can go on endlessly – from calm & clarity, harmony & purifying negative energy, spiritual awareness & reaching a higher state of consciousness, intuition & creativity and oh-so much more!

CHAKRA



Crown/Third Eye

Creativity, harmony, peace, intuition, healing, overall well-being

SATIN SPAR

[SELENITE]



Selenites have a long history of being cleansing, healing & protective crystals.

They are all about illumination, balance, harmony, honesty and instilling a sense of peace. Even though very powerful energetically, they are as gentle as a light brush of an angel's wings.

Connect with Selenite to improve peace and harmony in relationships & understanding on all levels while opening your mind to meeting your true self – a guide to living your higher purpose.

They also help with enhancing communication with your guides & guardian angels due to their strong connection with the angelic realm.

CHAKRA



Crown/Etheric

Peace, serenity, tranquillity, divine angelic light, intuition, guidance, wisdom

How can I connect with my crystals?

Here's a suggestion on how to connect with their energies. You may have your own preferred method over time and that is great too. Trust in your intuition and go with what feels good (and easy) to you!

- Hold them in the palm of your hand either during meditation or during your quiet personal 'me' time.
- Set an intention and visualize it in your mind (*either in words, images or any way that comes naturally to you*) and 'feel' the energy of this intention coming to completion.
- Remember this feeling and use it as an emotional 'bookmark' to return to whenever life situations get challenging or perhaps as a daily habit for manifesting your intentions!

© 2022 Ready to Rock

For information purposes only. Please do not reproduce or reupload without prior permission. Thank you.

www.botica.store