



MOON INTENTION OIL

COMPLETION CELEBRATE RELEASE

INTENTION OI

@ready.to.rock

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The moon's energy has the power to control the ebb and flow of the oceans & impact our mood & behaviors - making it a highly influential force.

It's a magical time to connect to these energies for grounding & a sense of direction.



Full moons signify the culmination of the 'harvest', where the seeds planted during the new moon have fully bloomed.

This is a great space to reflect on the achievements that have been made or to acknowledge the growth that has taken place.

Take this time to celebrate the wins & feel into the energy of completion (it could be either a work in progress or a major accomplishment) – remember this feeling of achievement and let this be your default vibration moving forwards.

You've done it once - you can most definitely do it again!



Sometimes we unknowingly decide that the outcome has to be achieved in a certain way. Open your heart & mind to explore new ways of accomplishing your goals that may not have been apparent before.

Practice releasing any energies of 'why didn't it happen' or 'I didn't accomplish as much as I expected' & allow the magic to flow in its own way and time.

Most importantly, be patient with yourself (there may be other issues that may need to be cleared – if there is any, ask for them to be called into your awareness so that you can make the necessary shifts and regain your momentum).

ESSENTIAL OILS & GEM ESSENCES

These plant oils & crystal infused essences were selected for their energetic properties that have a similar and/or complimentary vibration with the energy of the full moon, enchancing the overall synergy as you set your intentions for abundant growth.

Cedarwood

- Grounding & balancing
- Encourages you to keep steadfast and persevere when facing challenges
- Promotes confidence & endurance
- Brings calm to frazzled thoughts & emotions

Sage

- Energetically cleanses energy that does not resonate with your highest alignment
- Relieves tiredness, clears stagnant & blocked energy
- Restores balance to the energetic body
- Helps us express ourselves in an honest way, coming to terms with who we truly are
- A feminine oil dedicated to Artemis, the Greek goddess of nurture & fertility – a meaningful representation of birthing our most authentic self in service of the world

Frankincense

- Commonly used for elevated spiritual experiences such as during meditation or prayer with reflection/introspection
- Quiets the mind
- Encourages transformation & emotional healing on all levels
- Supports focused attention and tranquillity
- Helps soothe deep routed fears, nervousness & difficulty letting go

Glang Glang

- Helps alleviate insomnia, reduces tension and anxiety
- Emotional support in times of panic, worry or trauma
- Promotes feelings of euphoria & the courage to fully express yourself in your most authentic manner
- Helps one to experience pleasure and joy

Smoky Quartz

- Excellent for grounding & stability. Release your energetic baggage (stress, anxiety, fears, thought patterns, beliefs, etc) for an energetic detox
- When you hold on to too much old energy, there is little room for new energy/experiences to enter
- Move fowards to embrace a higher state of being knowing you are fully supported & nurtured every step of the way



Citrine

- Known as the 'Light Maker', the 'Merchant's Stone' & the 'Success Stone'
- Like Vitamin C for the soul, they emanate vitality, joy & positivity
- Boosts self esteem, personal power. confidence & self image – allowing you to be fearless in pursuing your goals



Enjoy the experience of using this magical blend during the Full Moon to fully embrace the energy of creation & completion.

You can also use this blend anytime (outside of the lunar cycle) whenever you will benefit from the energetic qualities of this blend. New Moon & Full Moon intention oils are available in both 30ml full sized bottles and 10ml roll-ons.

> Available on the web store & Shopee. Click on the icon to visit the respective sites

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