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PALO SANTO

uplifting

Sustainably & ethically sourced

Palo Santo, meaning 'Holy Wood' in Spanish, is highly sacred and revered by the native cultures of South America. Its calming and relaxing aroma is among one of the more fragrant woods – no surprise that it is favoured by many as their go-to incense.

Palo Santo is wonderful for energetic cleansing (*having similar properties to Sage and Cedar*), with a highly uplifting scent that raises your vibration in preparation for meditation.

Light the stick and allow its smoke to clear and cleanse the energy of your space/body/mind, dispelling any negative energy that might be interfering with your thoughts and emotions while inviting in fresh positive energy.

These Palo Santo sticks have been sourced from a holistically ethical & fair trade company which contributes towards the conservation of the forests of Ecuador & Peru (the main source of the Palo Santo trees) while supporting the economic empowerment of the native community partners who steward these vast forests.

WHAT'S
INSIDE?



USAGE SUGGESTION

Light the stick and allow the smoke to clear and cleanse the energy of your space, body & mind, dispelling any negative energy that might be interfering with your thoughts and emotions while inviting in an abundance of positivity.

Here are a few links that I've come across that describe Palo Santo in-depth and tutorials on how to burn it.

Palo Santo benefits

Palo Santo 101

How to use Palo Santo



**click or tap to view links*

May you have a beautiful experience
with these loving energies with lots of
joy, ease and grace.

Available on the web store & Shopee.
Click on the icon to visit the respective sites.



Shopee



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