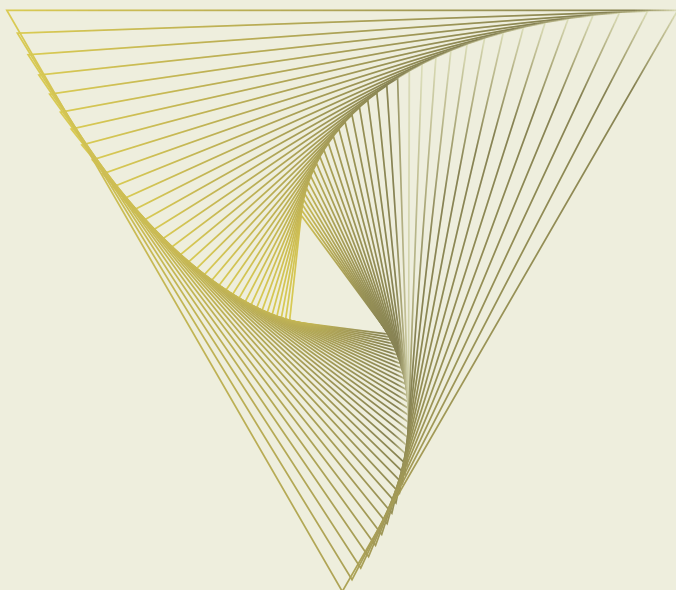


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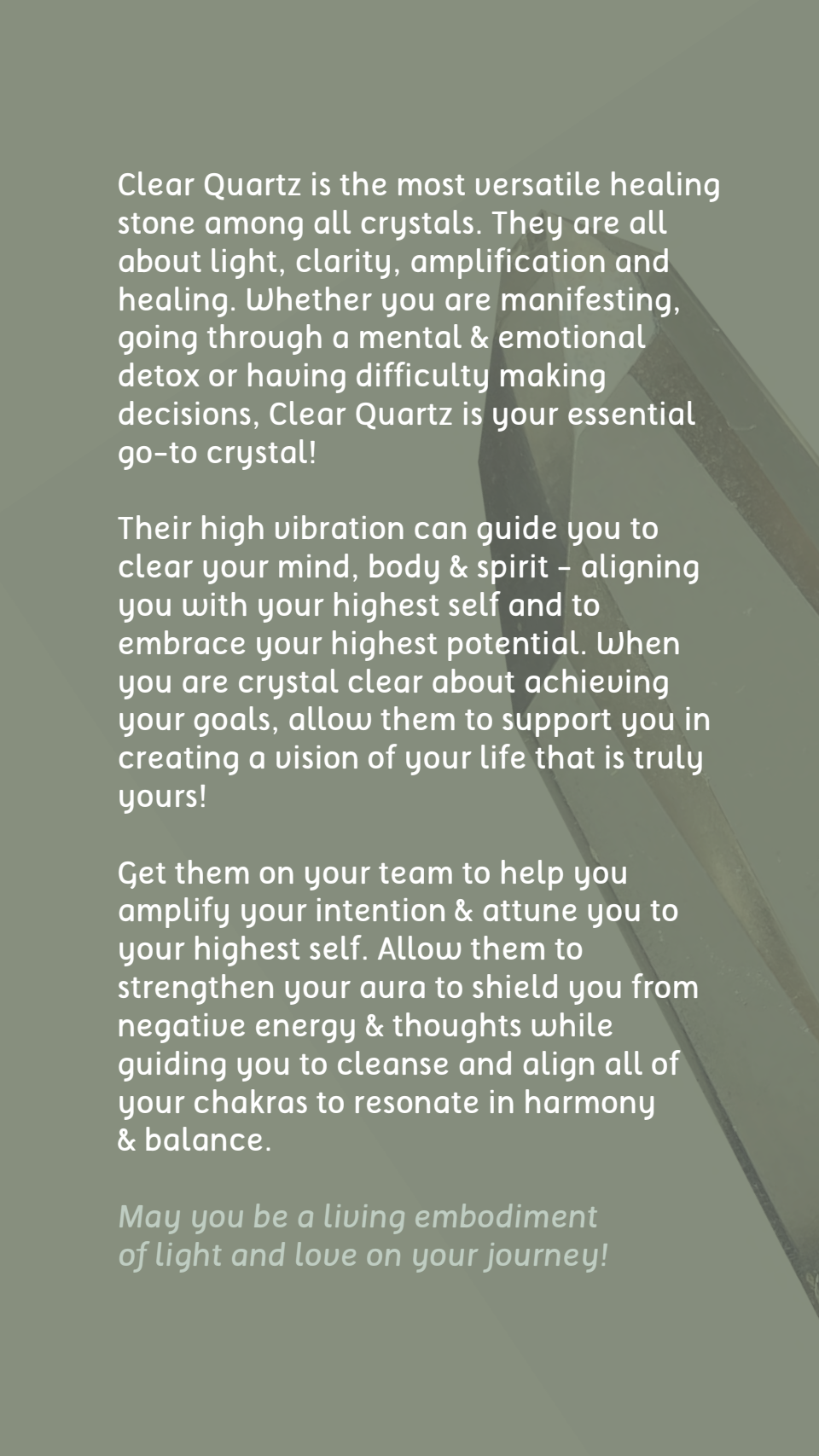
# CLEAR QUARTZ

GEM ESSENCE

*I manifest my intentions with ease*



*This beautiful crystal has generously & lovingly taken part in the creation of this magical gem essence.*



Clear Quartz is the most versatile healing stone among all crystals. They are all about light, clarity, amplification and healing. Whether you are manifesting, going through a mental & emotional detox or having difficulty making decisions, Clear Quartz is your essential go-to crystal!

Their high vibration can guide you to clear your mind, body & spirit – aligning you with your highest self and to embrace your highest potential. When you are crystal clear about achieving your goals, allow them to support you in creating a vision of your life that is truly yours!

Get them on your team to help you amplify your intention & attune you to your highest self. Allow them to strengthen your aura to shield you from negative energy & thoughts while guiding you to cleanse and align all of your chakras to resonate in harmony & balance.

*May you be a living embodiment of light and love on your journey!*



## CHAKRA

Crown



## ZODIAC

All signs



## PLANET

Sun



## ELEMENT

All Elements



## NUMERICAL VIBRATION

Number 4



# ESSENTIAL OILS & HERBS

These plant oils were selected for their energetic properties that have a similar and/or complimentary vibration with the crystal's energy, lending a potent synergistic effect to further enhance the magic of the gem essence.



The background of the image is a close-up photograph of several pieces of frankincense resin. The resin is translucent, with a range of colors from pale yellow to deep orange and reddish-brown. It has a rough, crystalline texture. The pieces are scattered across a dark, textured wooden surface. In the upper right corner, a small portion of a dark-colored bowl is visible, containing more resin. A semi-transparent brown rectangular box is overlaid on the left side of the image, containing the title and a list of uses.

# Frankincense

- Commonly used for elevated spiritual experiences such as during meditation or prayer with reflection/introspection
- Quiets the mind
- Encourages transformation & emotional healing on all levels
- Supports focused attention and tranquility

The background of the entire image is a close-up photograph of white flowers with yellow centers, likely Neroli or similar citrus blossoms. A small bee is visible on one of the lower flowers. A semi-transparent yellow rectangle is overlaid in the center, containing the text.

# Neroli

- Facilitates spiritual and creative work
- Harmonizing & balancing
- Helps to integrate spiritual lessons and transcend physical love to spiritual love
- Calms & soothes – relaxes the nerves and inspires creativity
- Connects you with your higher self and can help facilitate greater spiritual awareness and understanding



A close-up photograph of lavender flowers in shades of purple and blue, with green foliage visible at the bottom. The image is used as a background for the text overlay.

# *Clary Sage*

- Brings a sense of clarity to the mind, thoughts & beliefs
- Helps to unblock/release stagnant energy
- Reduces anxiety, calms the mind
- Allows creative inspiration to flow freely, often helping in times of indecision or emotional confusion
- Removes the obstacles and inhibitions enabling the “inner eye to see more clearly & allowing the intuition to flow



# Bamboo Leaves

- A symbol of strength & flexibility – teaches us to stand firm in our beliefs & to adapt to the harshest of situations
- This combination helps us to find balance & inner peace in our lives
- Energetically helps to clear negative energy
- Bolsters self-worth & self-esteem, brightens our overall outlook on life
- Bamboo has been known to have a potent energy field that can imbue us with increased stamina, strength & stability



More gem essences & other  
hollistic goods are available  
in the store.

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