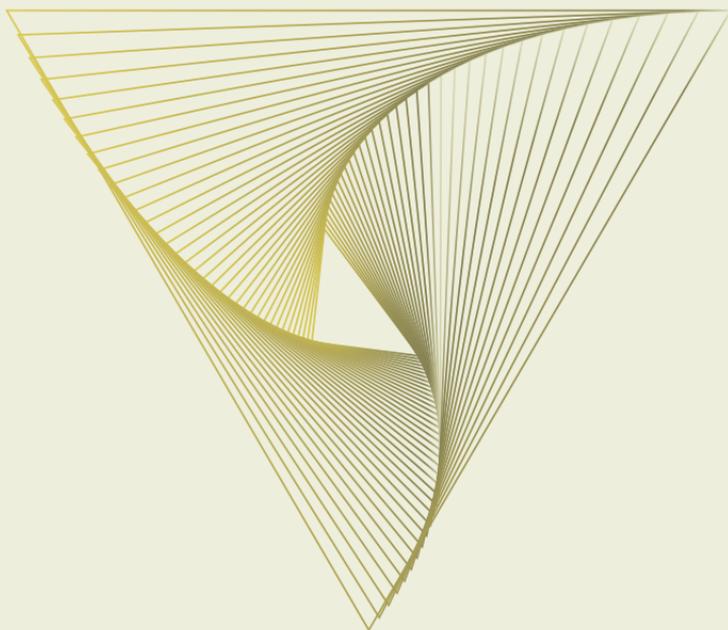


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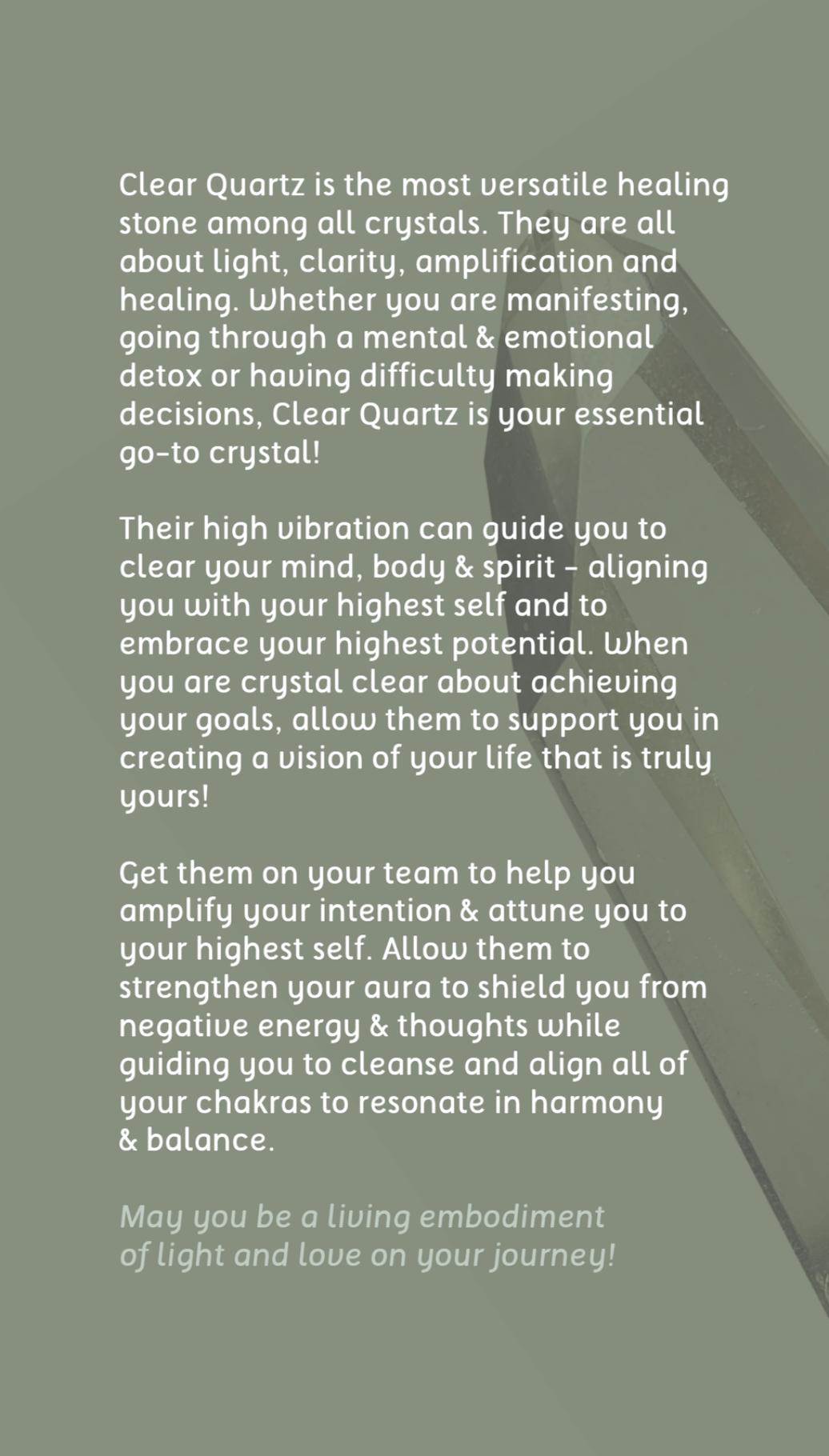
CLEAR QUARTZ

GEM ESSENCE

I manifest my intentions with ease



This beautiful crystal has generously & lovingly taken part in the creation of this magical gem essence.



Clear Quartz is the most versatile healing stone among all crystals. They are all about light, clarity, amplification and healing. Whether you are manifesting, going through a mental & emotional detox or having difficulty making decisions, Clear Quartz is your essential go-to crystal!

Their high vibration can guide you to clear your mind, body & spirit – aligning you with your highest self and to embrace your highest potential. When you are crystal clear about achieving your goals, allow them to support you in creating a vision of your life that is truly yours!

Get them on your team to help you amplify your intention & attune you to your highest self. Allow them to strengthen your aura to shield you from negative energy & thoughts while guiding you to cleanse and align all of your chakras to resonate in harmony & balance.

May you be a living embodiment of light and love on your journey!



CHAKRA

Crown



ZODIAC

All signs



PLANET

Sun



ELEMENT

All Elements



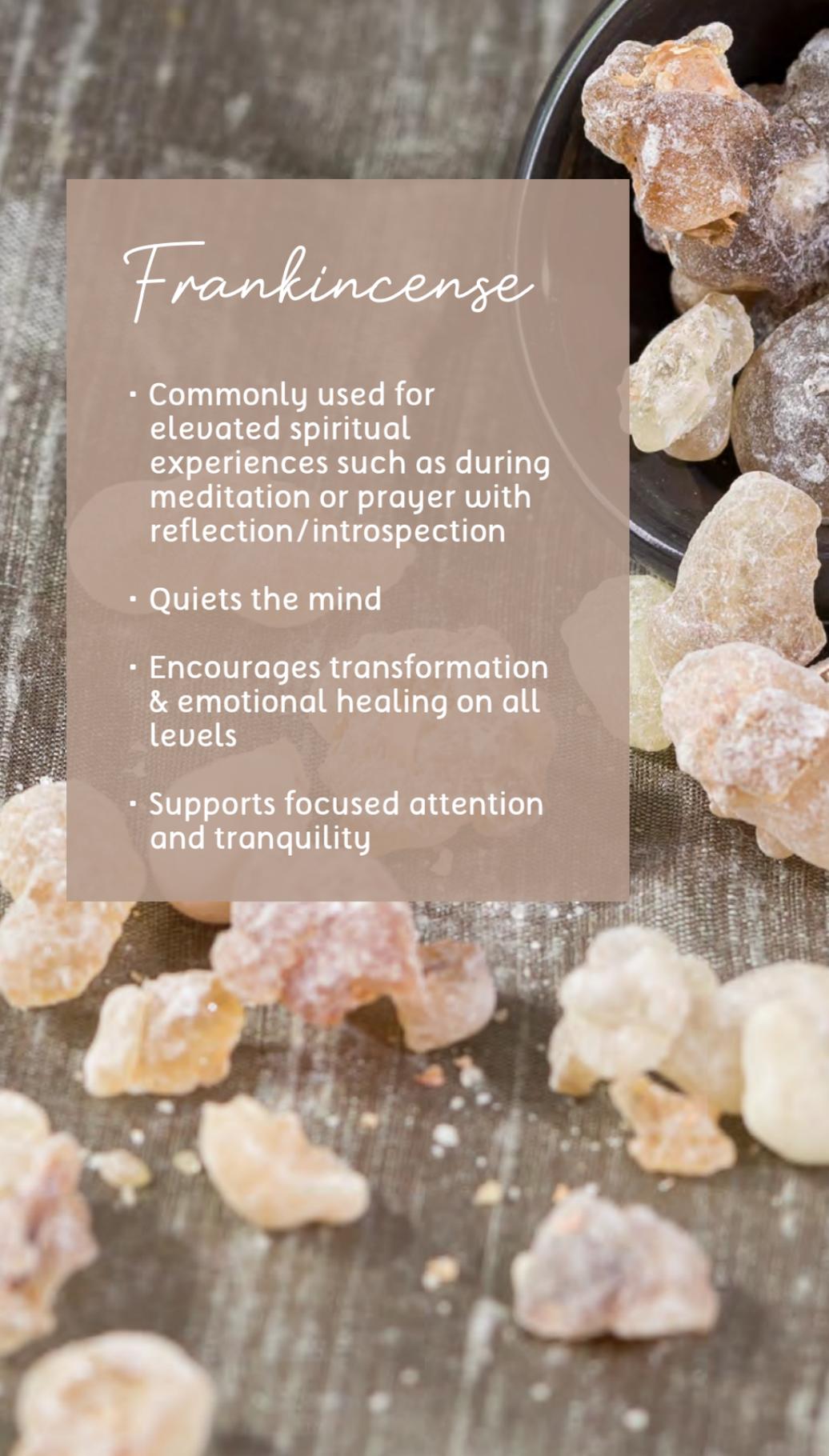
NUMERICAL VIBRATION

Number 4



ESSENTIAL OILS & HERBS

These plant oils were selected for their energetic properties that have a similar and/or complimentary vibration with the crystal's energy, lending a potent synergistic effect to further enhance the magic of the gem essence.

A close-up photograph of several pieces of Frankincense resin. The resin is translucent, ranging in color from pale yellow to deep orange and brown. It has a rough, crystalline texture. The pieces are scattered on a dark, textured wooden surface. In the upper right corner, a black bowl is partially visible, containing more resin. A semi-transparent brown rectangular box is overlaid on the left side of the image, containing text.

Frankincense

- Commonly used for elevated spiritual experiences such as during meditation or prayer with reflection/introspection
- Quiets the mind
- Encourages transformation & emotional healing on all levels
- Supports focused attention and tranquility

Neroli

- Facilitates spiritual and creative work
- Harmonizing & balancing
- Helps to integrate spiritual lessons and transcend physical love to spiritual love
- Calms & soothes – relaxes the nerves and inspires creativity
- Connects you with your higher self and can help facilitate greater spiritual awareness and understanding

Clary Sage

- Brings a sense of clarity to the mind, thoughts & beliefs
- Helps to unblock/release stagnant energy
- Reduces anxiety, calms the mind
- Allows creative inspiration to flow freely, often helping in times of indecision or emotional confusion
- Removes the obstacles and inhibitions enabling the “inner eye to see more clearly & allowing the intuition to flow

Bamboo Leaves

- A symbol of strength & flexibility – teaches us to stand firm in our beliefs & to adapt to the harshest of situations
- This combination helps us to find balance & inner peace in our lives
- Energetically helps to clear negative energy
- Bolsters self-worth & self-esteem, brightens our overall outlook on life
- Bamboo has been known to have a potent energy field that can imbue us with increased stamina, strength & stability



More gem essences & other
hollistic goods are available
in the store.

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