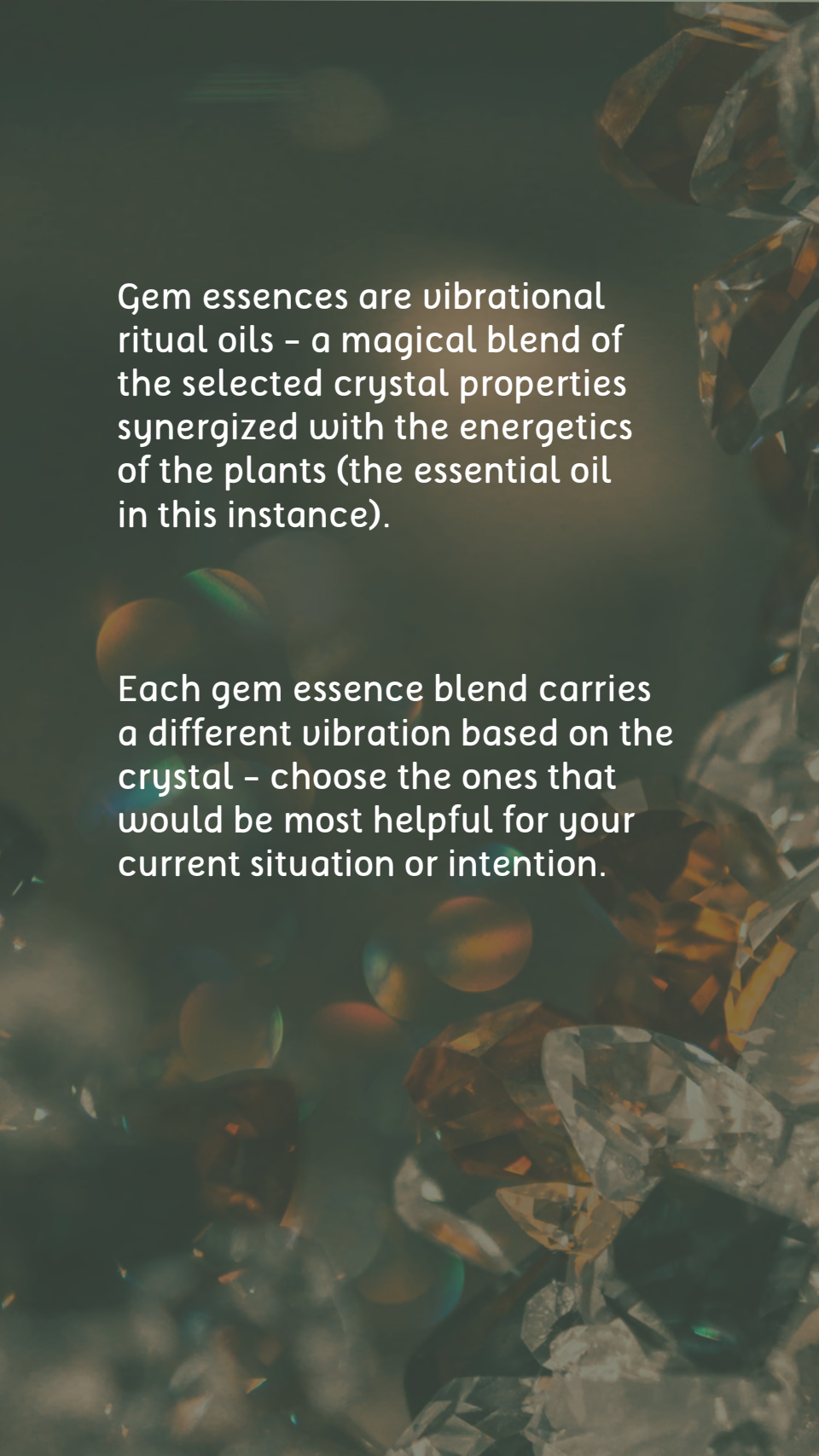
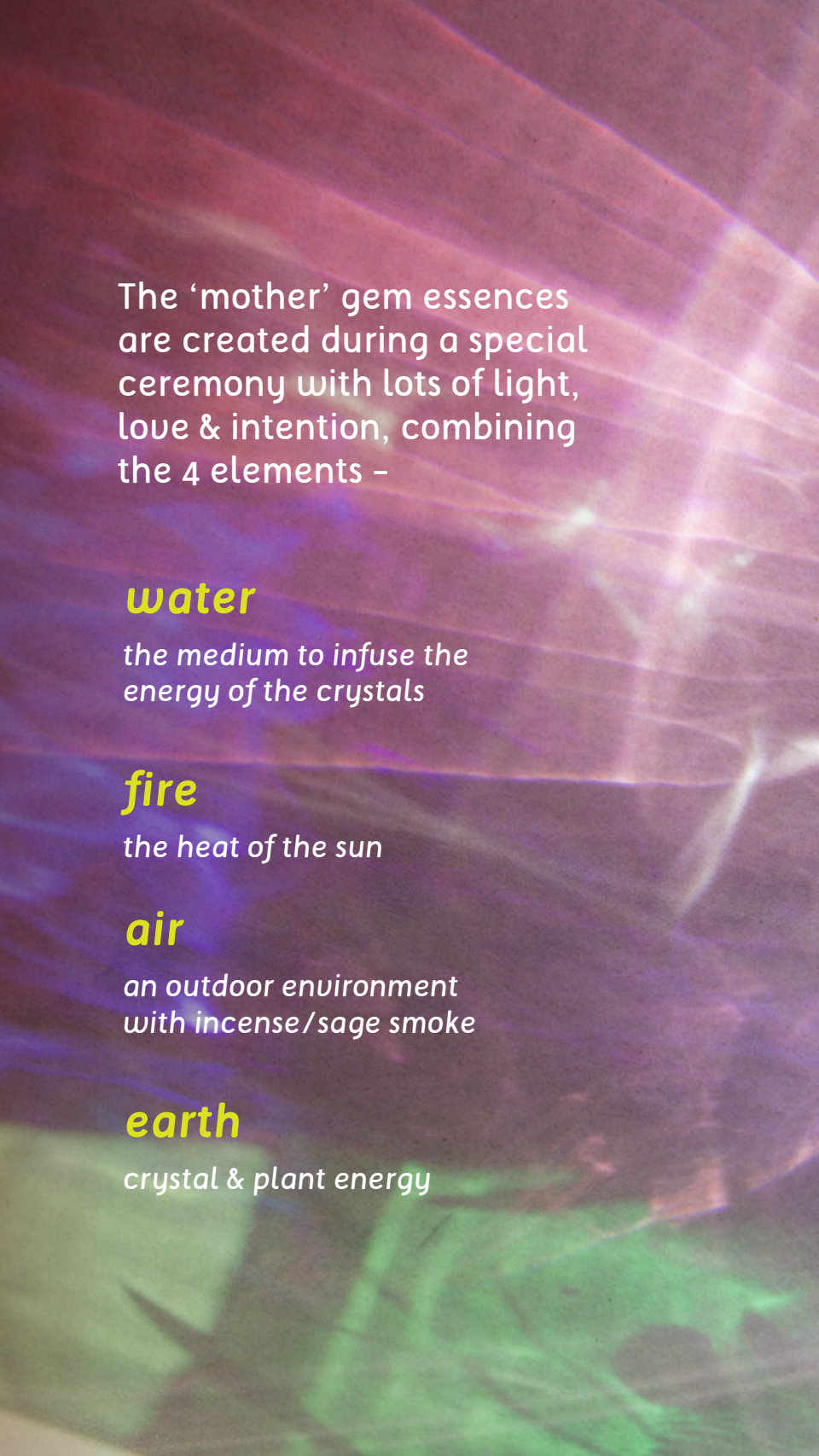
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# WHAT ARE GEM ESSENCES?



Gem essences are vibrational ritual oils – a magical blend of the selected crystal properties synergized with the energetics of the plants (the essential oil in this instance).

Each gem essence blend carries a different vibration based on the crystal – choose the ones that would be most helpful for your current situation or intention.



The 'mother' gem essences  
are created during a special  
ceremony with lots of light,  
love & intention, combining  
the 4 elements -

## **water**

the medium to infuse the  
energy of the crystals

## **fire**

the heat of the sun

## **air**

an outdoor environment  
with incense/sage smoke

## **earth**

crystal & plant energy






From these infusions,

**7 potent drops**

are then carefully added into each oil blend to imbue it with the crystal's vibrational energy, further amplifying the plant energetics of the selected essential oils.

The background is an abstract composition of organic, flowing shapes in warm tones of yellow, gold, and deep red. The shapes resemble liquid or molten forms, with some areas appearing more solid and others more translucent. The overall effect is a rich, textured visual field.

HOW DO I  
**USE**  
THEM?

A hand is shown holding a clear, rectangular crystal. A vibrant rainbow light effect is visible, appearing to emanate from or pass through the crystal, creating a soft, multi-colored glow. The background is dark and textured, possibly a wall or a backdrop.

There are many ways to incorporate these gem essences into your daily life & routine.

Most importantly, it is recommended to use them with great respect and intention. Think of them as the pure concentrated vibration of the crystal and plant energies lovingly distilled into a handy bottle.

*Before you begin, set an intention to ask for the crystal's energy to impart its wisdom and guidance with ease & grace, in the most benevolent way (or something even better).*

Please take note that these essences are not to be taken internally and are not suitable for aromatherapy diffusers (the carrier oils are quite thick and may clog up the diffuser).





# APPLY

Whenever you would like to connect with their energies, place a few drops onto your chakra or pulse points and gently massage the oil onto those areas.

TIP : It's a great idea to apply the gem essence to set a space for your mind, body & heart to have a deeper connection with your crystal(s) during meditation.

A close-up photograph of a person's forearm. A hand is holding a clear glass dropper, and a single drop of golden-yellow oil is falling from its tip onto the skin. The background is softly blurred, showing a white cloth and a dark wooden surface. In the bottom right corner, a small portion of a dark glass bottle is visible.

# MASSAGE

You can also place a few drops on your palms and rub them together, allowing the motion and heat to 'activate' the energy before massaging it onto your face/body, or wherever feels good to you.

Please do a patch test beforehand to avoid any potential skin sensitivity issues.





# ANOINT

Add a few drops onto your candles or sacred space to amplify the high vibration, especially beneficial during your moon rituals (and also your daily practice).

It is not advisable to use the gem essence on your crystals directly as they may potentially affect the color and/or texture of the crystal's surface.



# DAILY REGIME

Add a few drops to your daily regime products (such as your shampoo, body wash, lotion, cream, room & linen sprays) to amplify & boost their desired effects.

A close-up photograph of a person's legs in a bathtub. The water is dark green, and several red and pink flower petals are floating around. The person's skin is wet and glistening with water droplets. The word "BATH" is overlaid in large white letters.

# BATH

If you enjoy soaking in the tub, a few drops of the gem essence in the bath water is a wonderful way to be enveloped by its beautiful energy while charging your water. Remember, a little bit goes a long way!






# INTUITION

Follow your intuition to be guided on other ways you can connect with the energy of the gem essence and your crystals! Let joy and ease be your guiding light.

As long as it is done with intention and respect, there is no wrong way!



May you have a wonderful  
experience with these  
loving energies with lots  
of joy, light, ease and grace  
for your highest good!

Available on the web store & Shopee.  
Click on the icon to visit the respective sites



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