



Bio-active Nutrition and Skincare
A Cotoscience Company

TOCOTRIENOLS

Natural Vitamin E

Powerful Antioxidants From Nature



Tocotrienols, a natural full spectrum Vitamin E, can be found in various foods such as rice bran, barley, rye, coconut oil and palm. But in fact, the best source of this super powerful antioxidant is the

Malaysian red palm oil. Antioxidants help protect the body from diseases and should be included in every person's diet. Tocotrienols help the body to fight free radical damage that is linked to health issues such as skin ageing, cancers, heart diseases, inflammatory disorders like rheumatoid arthritis and neuro-degenerative conditions such as Alzheimer's Disease.

One of the most recent findings about Tocotrienols is its role in preventing brain cell damage by targeting specific free radicals. Free radical damage have been linked to causing brain conditions such as Alzheimer's, Dementia & Parkinson's Disease.



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Benefits of Tocotrienols As A Food Supplement

- Protects the brain and aids in conditions like Alzheimer's, Parkinson's and Dementia.
- Boosts recovery after a stroke attack
- Reduces bone loss caused by oxidation or free radical damage; prevents osteoporosis
- Reduces risk of cancers particularly liver, colon, prostate, lung, stomach, skin and pancreatic cancers.



- Improves heart health by reducing inflammation and cell damage
- Improves gastrointestinal health
- Improves skin and hair health internally



Benefits of Tocotrienols In Skincare

- Slows down or reverses skin damage due to free radicals
- Defends skin against UV damage
- Improves skin elasticity and reduces wrinkles
- Reduces dark spots on skin
- Helps the healing of surgical scars and burn wounds
- Improves blood circulation in scalp
- Promotes hair growth and adds shine to hair
- Balances sebum production in scalp



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