



COCO • LAB<sup>®</sup>



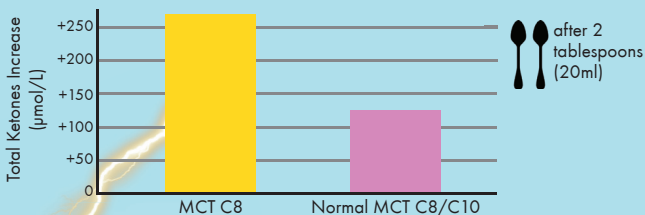
## Why MCT?

Ketogenic diets (high fat, low carb) are no longer trend diets but are here to stay. The resulting body transformations from a keto diet are hard to deny. Individuals are more energetic and more alert than ever before, thanks to a natural fatty acid known as MCT (medium chain triglycerides). This highly saturated fat is responsible for ketosis, the metabolic state whereby the body converts stored fat into ketone energy. MCT also contains a host of benefits for the heart and brain. Consume direct or mix into salads, fruit juices and just about anything!

**Double the Keto!**

## MCT C8 Advantage

COCOLAB'S MCT C8 is a concentrated form of MCT that delivers double keto power for your brain and body. This pure MCT C8 Oil is Caprylic Acid with 8 short carbons that is easily converted into ketones.



after 2 tablespoons (20ml)

Increase in Plasma Ketone  
A comparison between MCT C8 & Normal MCT C8/C10

# 8 REASONS TO USE MCT C8

1. Accelerated weight loss
2. Drop in hunger spikes & food cravings
3. Treats Alzheimer's & other brain disorders
4. Improved blood sugar & insulin levels
5. Protects against risks of cancers
6. Improves cholesterol & triglyceride levels
7. Mental clarity & reduced mood swings
8. Disease prevention & life longevity



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