

WELCOME NOTE

Dear teacher,

All glory and honour be unto our loving Father in heaven. May you be filled with His love and peace as you prepare for the lesson.

Why was this new syllabus written?

1. The main objective of this is so that God's words are written on their hearts.
2. Second objective is that the children can apply what they have learned about the verse in their daily lives.
3. Third reason is so that as they grow up, when they face challenges, they will be able to have an impression of what they have learned and turn to God first.

Here are a few things you should do before you dive into the preparation:

1. Spend time with God. Being connected to the Holy Spirit is important because we are imparting His teachings.
 - a. Pray
 - b. Sing praises
 - c. Read the bible passage reference.

While preparing:

1. Decide the flow of your lesson. You don't have to follow the traditional way of teaching.
 - a. Do the craft first so that you can use it during the Bible story.
 - b. Play the game first so that the kids can understand the lesson from their experience.
 - c. Pick and choose the activities. The stated activities, games and crafts are only suggestions. Feel free to make changes to any part of the lesson plan to suit your teaching style.
2. Download the game or craft template if needed.
3. Regarding the story part, use your preferred method to bring the message across.
 - a. Power Point Slides
 - b. Ready videos from the Internet
 - c. Puppets
 - d. Draw while telling the story

- e. Enlarged pictures
- f. Drama
- g. Adding in a song or two

During the lesson, spend time to get to know the children.

1. Use the time while they are doing craft or while waiting for their parents, take a chair and sit by the door and chat with them.
2. Pray and ask the Holy Spirit to tell you which child you should approach for that day.
3. Here are some openings that you can use, questions like the following let the child feel noticed, important and cared for.
 - a. "How was your week in school/at home?"
 - b. "I noticed you are wearing.../you brought.../you look.../you have a scar on your..."
 - c. "Just now you told us about...do you want to tell me more?"
 - d. "You were running around/disturbing your friend/looking at something/playing with something. How did you feel?"
4. Pray with the child.

We hope that you will enjoy every bit of teaching these precious little ones. Let us remember that we are obeying Jesus' command to feed His sheep (John 21:15-17). May you be filled with the Holy Spirit and grow closer to the Lord.



Overview

Week	1
Bible Passage Reference	Nahum 1 - 3
Topic	Self-control
Focus	Introduction
Memory Verse	Nahum 1:3 The Lord is slow to anger.

Pre-lesson

1. Opening prayer: Dear Father in heaven, I praise You for who You are. As we begin our lesson today, we ask for the Holy Spirit to speak to our hearts. help us to understand today's lesson on anger and self-control. We thank You for being with us. In Jesus' name, amen!
2. Short discussion
 - a. What makes you angry?
 - b. How do you react when you're angry? Do you shout, scream, hit someone or something, throw things?
 - c. What do you think, does God get angry?

Lesson

1. Recite the memory verse with the children.
2. What is anger? (Ref:
🌐 64 Anger Management Activities for Kids: How to Help an Angry Kid)
 - a. Anger is an emotion. When I feel angry I may feel irritable, tense, and anxious. I may also have negative thoughts.
3. Is anger a bad thing?
 - a. Anger is not bad; and it serves as a function. Although anger might be an unpleasant emotion, anger is not bad! Anger is a helpful emotion that has two important jobs:
 - i. It communicates with you by making your body react to let you know that something is wrong or bothering you.
 - ii. It charges you with the energy to help you fix what is wrong or do something about the situation.
4. What happens when you cannot control your anger?
5. watch this video to get an idea:
📺 How to Blow Up a Balloon Without Blowing | Blow Up a Balloon with Vinegar and Baking ...
6. Object lesson (If you don't want to conduct this, you can choose to only do Step 8 to 10):

Objective	To demonstrate what it means to be slow to anger.
Materials needed	1. Baking soda 2. Vinegar 3. 2 Plastic or glass bottle 4. 2 Cups or a funnel 5. Balloons 6. 2 Teaspoons 7. 2 Trays 8. Cleaning cloth 9. Needle or satay stick 10. Food colouring (optional)
Conduct	1. Place the bottle in the middle of the tray, this is to catch any spills. 2. Pour vinegar into the bottle. You can add food colouring into the vinegar for colourful bubbles. 3. Stretch the balloon over the cup to keep the opening open. 4. As you spoon the baking soda into the balloon. a. This represents the things that make us angry. b. You can use examples stated by them earlier in the Pre-lesson discussion. c. Try to make sure that both balloons have equal amounts of baking soda. 5. Take the balloon out from the cup then cover it at the opening of the bottle. 6. Lift the balloon to pour the baking soda into the vinegar, pour one in slower than the other and watch the balloon inflate. 7. Ask the kids, a. "What can you see?" b. "What do you think these balloons are feeling?" 8. In order to help them picture what it feels like, ask them to do the following actions, a. suck in air quickly to fill their cheeks. b. suck in air slowly to fill their cheeks. 9. Ask them, "Which one was more painful? When you suck in the air quickly or slowly?" 10. Explain, "When we quickly get angry, it makes us feel very painful. But, when we slow it down and turn to God for help, it will not feel that painful." 11. Show the children the needle or satay stick. Explain, "This needle represents God, only He can help us to take that anger away." 12. Warn the kids before you do this. make sure they close their ears. Using the needle or satay stick, pop the balloons.

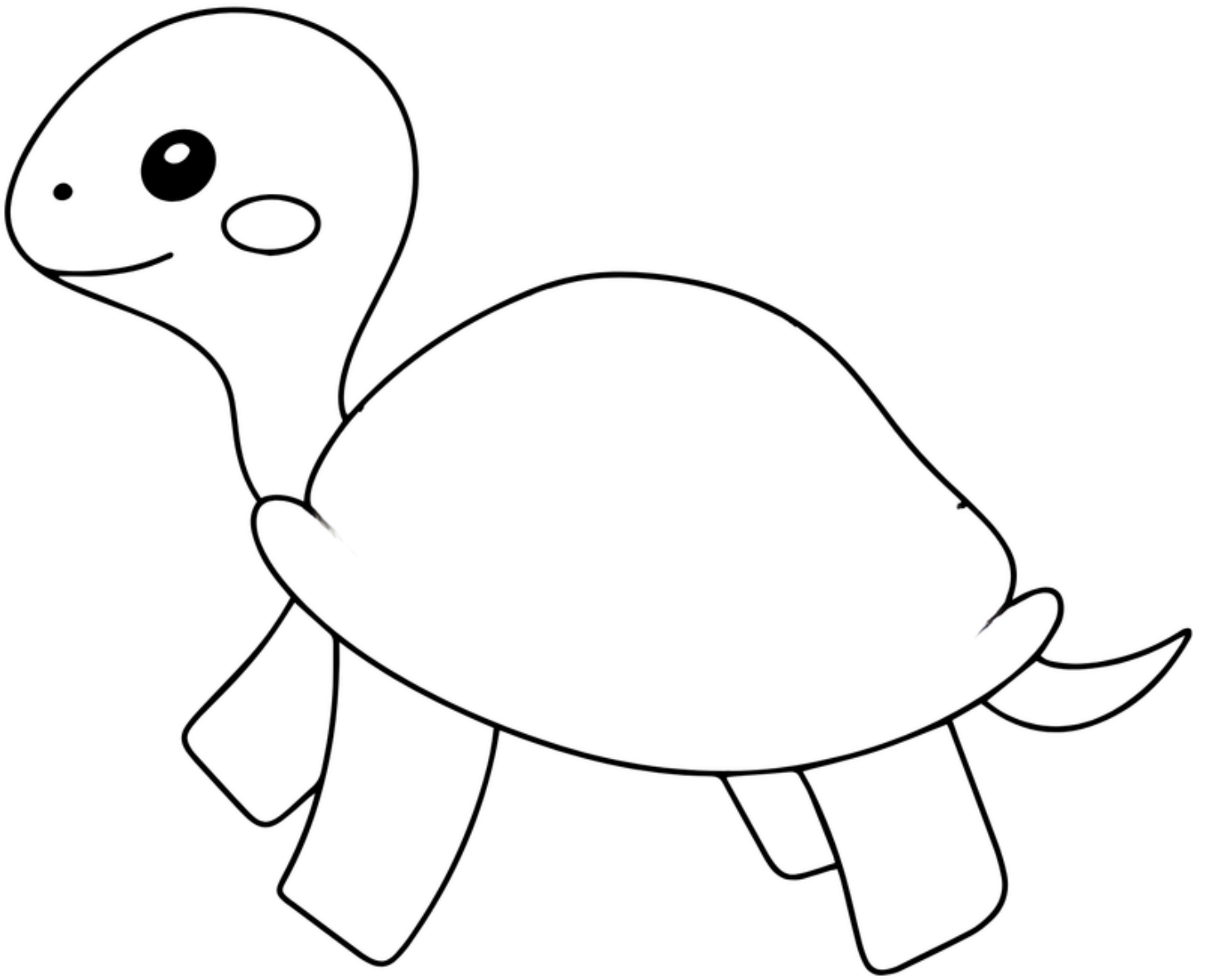
Game - Fast and Slow

1. Suggestion: play this game outside of the classroom, where there is more space to run.
2. Place a small prize at one end. Children stand at the other end and wait for the teacher's command.
3. When the teacher shouts "fast", the kids have to walk fast. Those who run will go back to the starting line.
4. When the teacher shouts "slow", the kids have to walk slowly.
5. The kid who is the fastest will receive the prize.
6. Repeat if time permits.

Craft

Materials	1. Dot stickers 2. Print out of the craft template
Before Lesson	1. Print out the craft template as needed.
During Lesson	1. Hand out the printed template. 2. Children colour the memory verse and decorate the turtle with dot stickers.

Craft Template



NAHUM 1:3

THE LORD IS
SLOW TO ANGER.

1. Recite the memory verse with the children. Encourage them to practice at home.
2. Ask the children if they have any prayer requests.
3. Closing prayer: Dear Father God, thank You for teaching me about what you are like. Today, I learned that You are slow to anger and I want to be just like You. It can be difficult for me, I will need Your help. Thank You for being there for me when I need You. In Jesus' name I pray, Amen.