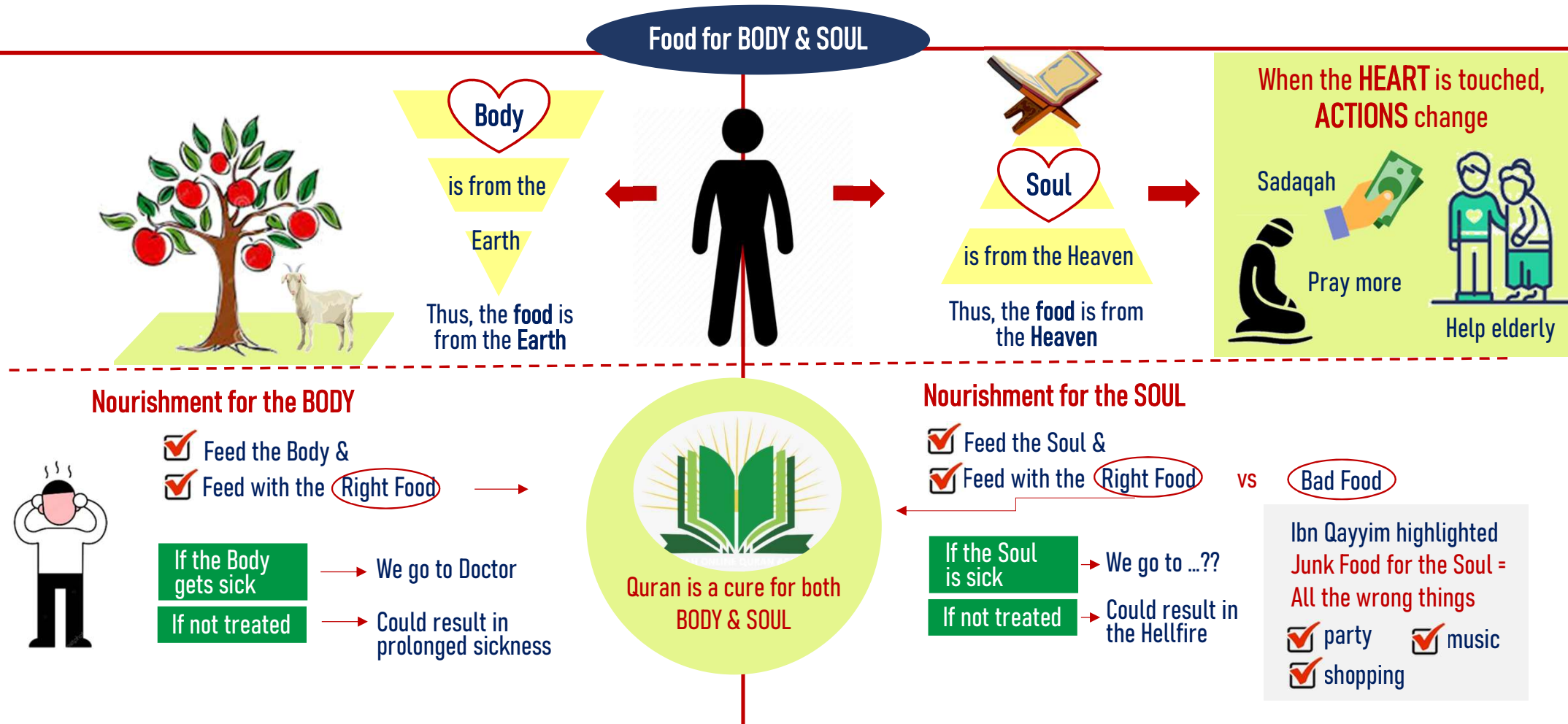


Yunus : 57

يَا أَيُّهَا النَّاسُ قَدْ جَاءَتْكُمْ مَوْعِظَةٌ مِّن رَّبِّكُمْ وَشِفَاءٌ لِّمَا فِي الصُّدُورِ وَهُدًى وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

0 Mankind, there has come to you **instruction** from your Lord, and **healing** for what is in the breasts and **guidance** and **mercy** for the believers.



How the Quran is the food for Body & Soul?

To all Mankind يَا أَيُّهَا النَّاسُ

Special to Believers لِلْمُؤْمِنِينَ

Instruction from your Lord

What is مَوْعِظَةٌ?
A piece of **advice** that diverts a person's attention from the worldly pursuits to the remembrance of Allah and the Day of Judgment

- ✓ Creates tenderness in the hearts
- ✓ Dislikes of the world, &
- ✓ Attachment to the Hereafter



How the Quran advise us?

- Good news & warnings
- Questions
- Stories of past nations
- News & Prophecies

أَفَلَا تَعْقِلُونَ؟
أَفَلَا تَتَفَكَّرُونَ؟
أَفَلَا تَتَذَكَّرُونَ؟

Abdullah Ibn Mas'ood said: "...Quran contains all the knowledge of the 1st & the last."

Quran gives us advice

Do s

& Don't s

...but we don't take it seriously

Requirements to benefit:

- ✓ If we **ponder**, &
- ✓ Quest for **guidance**

Healing for what is in the breasts



Quran is a **شِفَاء** to the



Quran cures:

Internal diseases

Shirk Hate Disbelief
Evil thoughts Hypocrisy
Jealousy Sadness
Arrogance Doubt Greed
Miserliness Evil plans

Physical Ailments

Cancer
Heart attack
Diabetes

All diseases

Mental, social, emotional, depression, anxiety

Q: So, should I still go to the doctor?

A: Yes, basic principles of Medicine are 3 :

- Prevention
- Maintain good health
- Remove harmful objects

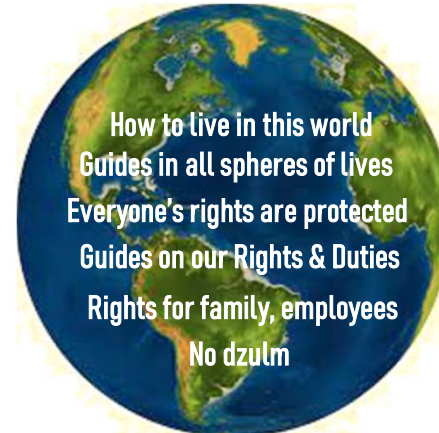
General cure:
Al-Fatihah
Any sickness:
Al-Muawidzatayn
Magic:
Al-Baqarah

Quran has **شِفَاء** in 3 ways:-

- Cure for Misguidance
- Cure for Ignorance
- Cure for Diseases – Sahih Al-Bukhari 44399 Ruqyah – Al-Silsilah 1931

Guidance

Quran is **هُدًى** - a guidance for us :-



Application of the Quran

Sahih Al-Bukhari 1143

Complete guidance

Al-Nahl : 89, Sahih Muslim 2408d
Musnad Ahmad :17634

Guides to the ways of peace

Al-Maidah : 16

Mercy for the believers

Quran is **رَحْمَةً** - a mercy for the believers
Either to :

Individual

Government

Mercy

This world
Aakhirah

How is Quran a Mercy? Surah Al-An'am : 155

✓ Follow the Quran

✓ Taqwa

"Some people will be raised, or humiliated because of the Quran."

Sahih Muslim 817A

"Benefit of the Quran is not just in the dunya, but also in the Akhirat."

Sunan Ibn Majah 3781



So when the Quran is recited
listen to it &
pay attention
so that you may receive mercy

Quran 7:204

Let's Start Working Towards Connecting With the Quran

Connect with the Quran

The Prophet (s.a.w.) said, "The best among you (Muslims) are those who learn the Qur'an and teach it." Sahih Bukhari : 5027



Strive to become People of Allah أَهْلُ اللَّهِ

"The Prophet (s.a.w.): 'Allah has His own people among mankind.' They said: 'O Messenger of Allah, who are they?' He said: 'The people of the Qur'an, the people of Allah and those who are closest to Him.'" Sunan Ibn Majah : 215

Dua

اَللّٰهُمَّ اهْدِنِيْ فَيَمَنْ هَدَيْتَ

O Allah, guide me with those whom You have guided. Sunan Abi Daud : 1427



رَبَّنَا لَا تُزِغْ قُلُوْبَنَا بَعْدَ اِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً ۚ اِنَّكَ اَنْتَ الْوَهَّابُ

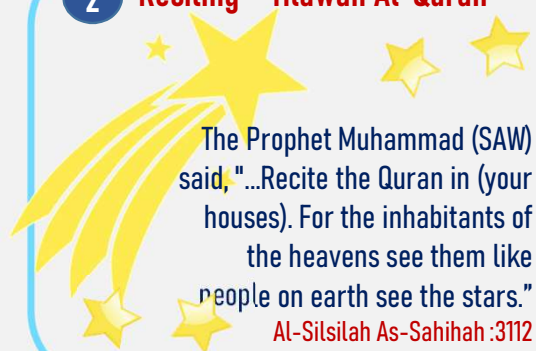
Our Lord, let not our hearts deviate after You have guided us and grant us from Yourself mercy. Indeed, You are the Bestower. Ali-Imran : 8

By : Zuraida Rodhi 27/09/2021

Have a solid Plan

1 Listening

2 Reciting - Tilawah Al-Quran



The Prophet Muhammad (SAW) said, "...Recite the Quran in (your houses). For the inhabitants of the heavens see them like people on earth see the stars."

Al-Silsilah As-Sahihah :3112



3

Understanding -
Tadabbur of Al-Quran

4

Memorising

5

Implementing

The Prophet (s.a.w.) said in his narration of a dream that he saw, "He whose head was being crushed with a stone was one who learnt the Qur'an but never acted on it, and slept ignoring the compulsory prayers." Sahih Bukhari : 1143

6

Conveying - Sharing

The Prophet (s.a.w.) said, "Convey (my teachings) to the people even if it were a single sentence, and tell others the stories of Bani Israel (which have been taught to you), for it is not sinful to do so. And whoever tells alie on me intentionally, will surely take his place in the (Hell) Fire." Sahih Bukhari : 3461

For by Allah, if one man is guided on the right path (i.e. converted to Islam) through you, it would be better for you than (a great number of) red camels. Sahih Bukhari :3701

Make Dua to stay connected with the Quran

O Allah, I am Your slave, and the son of Your male slave, and the son of your female slave. My forehead is in Your Hand (i.e. you have control over me). Your Judgment upon me is assured, and Your Decree concerning me is just.

I ask You by every Name that You have named Yourself with, revealed in Your Book, taught any one of Your creation, or kept unto Yourself in the knowledge of the unseen that is with You,

To make the Qur'an the spring of my heart,
and the light of my chest,
the banisher of my sadness, and
the reliever of my distress.

Al-Silsilah As-Sahihah :199

