

## PEARL OF THE WEEK: Yunus : 57

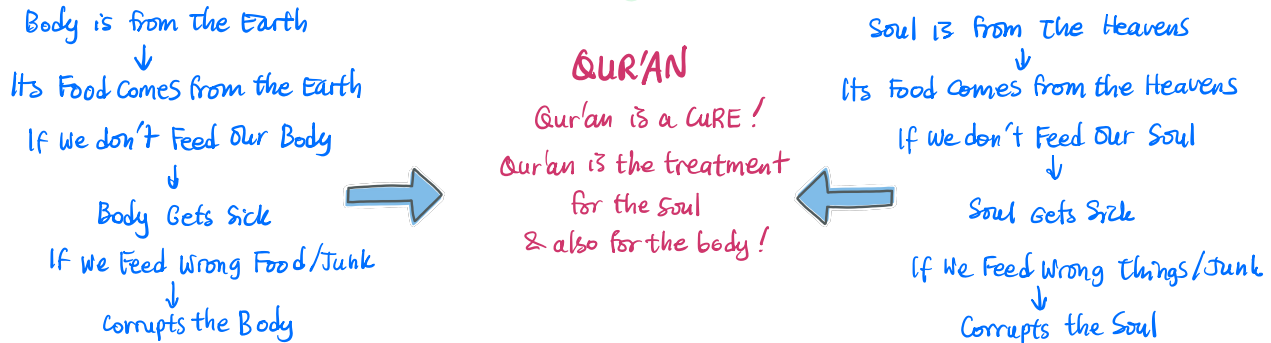
### QUR'AN IS THE CURE FOR THE HEARTS

everyone is invited to look at Quran & live by it

يَا أَيُّهَا النَّاسُ قَدْ جَاءَكُمْ مَوْعِظَةٌ مِنْ رَبِّكُمْ وَشِفَاءٌ لِمَا فِي الصُّدُورِ وَهُدًى وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

O mankind, there has to come to you instruction from your Lord and healing for what is in the breasts and guidance and mercy for the believers.

Yunus (10:57)



4 Qualities of the Quran → Addressed to EVERYONE, not just believers

## مَوْعِظَةٌ

Worry abt akhirah rather than the enjoyment of the dunya

Advice from Allah ; that reaches the heart  
A piece of advice that diverts a person's attention from the worldly pursuits to the remembrance of Allah & the Day of Judgement, and creates tenderness in the hearts, dislike of the world, & attachment to the Hereafter.

Heart is touched  
↓  
Actions Change

Take Quran as a goal :

We focus on our goal : JANNAH  
We don't get distracted

Quran gives us Advice

Do's

Don'ts

2 Requirements To Benefit :

Ponder

Quest for Guidance

### How Does Quran Advise Us?

#### Good News & Warnings

A Book whose verses have been detailed, in Arabic Quran for a people who know, As a giver of good tidings and a Warner; but most of them turn away, so they do not hear.  
Al-Fussilat :3-4

#### Questions

أَفَلَا تَعْقِلُونَ  
تَتَفَكَّرُونَ  
تَتَذَكَّرُونَ

#### Stories of Past Nations

#### News & Prophecies



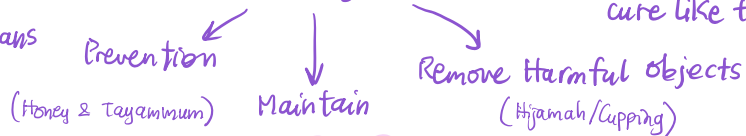
## شِفَاء

### Cures these Diseases:

Shirk      Disbelief  
Hypocrisy      Doubt  
Jealousy      Hate  
Arrogance      Sadness  
Misery      Greed  
Evil Thoughts      Evil Plans

Qur'an is A Healing :  
Cures the heart  
Take care of our Heart & the Qur'an

### Basic Principles of Medicine (Ibn Qayyim)



### Cures ALL Diseases

Physical Spiritual  
Mental Emotional Social  
ONE MEDICINE FOR ALL!  
No other book can  
cure like the Qur'an!

شِفَاء لِمَا فِي الصُّدُورِ  
For what's in the chest  
→ HEART

### Qur'an is the Best Ruqyah

'Aishah (RA) reported that Allah's Messenger (Peace and Blessing upon Him) came into her house and saw with her a woman who was treating her with ruqyah. He told her: 'Treat her (only) with Allah's Book

Al-Silsilah As-Sahihah :1931

### Whole Qur'an is Syifa'

Syifa' in 3 ways:  
Cure for Misguidance  
Cure for Diseases  
Cure for Ignorance

### Way of the Prophet SAW

Narrated Aisha(RA):

Whenever Allah's Messenger (صلى الله عليه وسلم) became ill, he used to recite the Muawidhatan (i.e. the last two surahs of the Qur'an) and blow his breath over himself (after their recitation) and rubbed his hands over his body. So when he was afflicted with his fatal illness, I started reciting the Muawidhatan and blowing my breath over him as he used to do and then I rubbed the hand of the Prophet (صلى الله عليه وسلم) over his body

Sahih Bukhari :4439

Ibn Jarir:  
He who does not seek healing from the Book of Allah is always ill

### Surah Called Syifa'

Al-Fatihah

Magicians Can't  
Stand this Surah

Al-Baqarah



## هُدًى

### Guides to the Best Path

Indeed, this Qur'an guides to that which is most suitable and gives good tidings to the believers who do righteous deeds that they will have a great reward

Al-Israa : 9

### Guides to the Ways of Peace

By which Allah guides those who pursue His pleasure to the ways of peace and brings them out from darknesses into the light, by His permission, and guides them to a straight path.

Al-Maidah : 16

### Complete Guidance

And [mention] the Day when We will resurrect among every nation a witness over them from themselves [i.e., their prophet]. And We will bring you, [O Muhammad], as a witness over these [i.e., your nation]. And We have sent down to you the Book as clarification for all things and as guidance and mercy and good tidings for the Muslims

Al-Nahl :89

### How to Live in this World

How to Use this World to Get to Jannah

To Save ourselves & save others as well

Guides us in all spheres of our lives

Qur'an defines the rights of each individual & prescribes

laws that do not infringe on the rights of any individual, society or government & do not infringe on anyone else.

### Rope of Allah

Behold, for I am leaving amongst you two weighty things, one of which is the Book of Allah, the Exalted and Glorious, and that is the rope of Allah. He who holds it fast would be on right guidance and he who abandons it would be in error

Muslim 2408d

### Light of Wisdom

Ka'ab said: hold on to Quran as it is understanding of intellect, Light of Wisdom and Spring of knowledge and it is the newest Book revealed from al-Rahman and Allah has mentioned that in the Torah : 'O Muhammad indeed I will reveal a new Torah upon you that will open blind eyes, deaf ears & covered hearts.

Al-Darimi : 3390

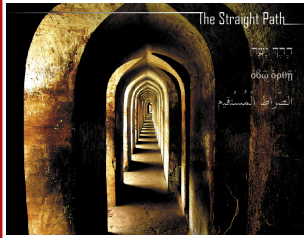
### Guides



Rights

Duties

of People



Allah has given an example of a straight path, on both sides of which are two walls, in which there are open doors, and over the doors are curtains. At the beginning of the path there is a caller who says, "O people! Enter the path all together and do not go depart from it." And there is a caller who calls from further in; when a person wants to open any of those doors, he says: "Woe to you! Do not open it, for if you open it you will enter it." The straight path is Islam, the two walls are the sacred limits of Allah, while the open doors resemble what Allah has prohibited. The caller at the beginning of the path is the Book of Allah, while the caller at the top of the path is the conscience found in the heart of every Muslim"

Musnad Ahmad :17634

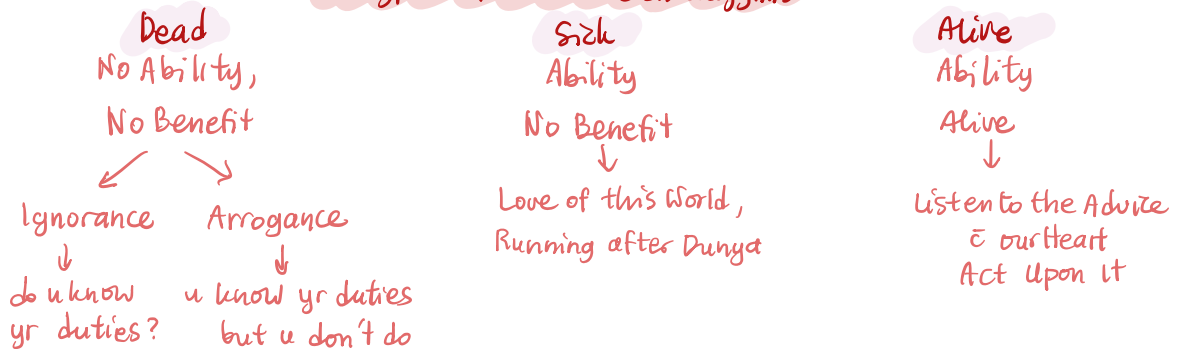
### Only Recitation of Qur'an is Not Enough

Narrated Samura bin Jundab:

The Prophet (ﷺ) said in his narration of a dream that he saw, "He whose head was being crushed with a stone was one who learnt the Qur'an but never acted on it, and slept ignoring the compulsory prayers."

Sahih Bukhari : 1143

### 3 types of Hearts (Ibn Qayyim)



## رَحْمَةُ لِّلْمُؤْمِنِينَ

Mercy for those who follow Qur'an  
Whoever follows the Qur'an or the society or government  
that follows it, the blessings of Allah descend on him  
in this world as well as in the hereafter.

### Qur'an Brings Allah's Mercy

And We send down of the Qur'an that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss.

Al-Israa :82

### How is the Qur'an A Mercy?

And this [Qur'an] is a Book We have revealed [which is] blessed, so follow it and fear Allah that you may receive mercy.

Al-An'am:155

### Burden for the Disbelievers

And if We had made it a foreign [i.e., non-Arabic] Qur'an, they would have said, "Why are its verses not explained in detail [in our language]? Is it a foreign [recitation] and an Arab [messenger]?" Say, "It is, for those who believe, a guidance and cure." And those who do not believe - in their ears is deafness, and it is upon them blindness. Those are being called from a distant place.

Al-Fussilat :44

### Sparkle For the Angels

The Prophet Muhammad (SAW) said, "...Recite the Quran in (your houses). For the inhabitants of the heavens see them like people on earth see the stars

Al-Silsilah As-Sahihah :3112

### Intercession on Day of Judgement

"The Quran will come on the Day of Resurrection, like a pale man, and will say: 'I am the one that kept you awake at night and made you thirsty during the day.'"

Sunan Ibn Majah:3781

### Mercy For Those Who Believe

Jannah      Crown      Intercessor  
Barakah      Devils Run off      Honour

## KNOWLEDGE INTO ACTION

1 Connect to the Qur'an ;  
have a solid plan & schedule it

2 Try to become  
أهل الله

It was narrated that Anas bin Malik said:  
"The Messenger of Allah said: 'Allah has His own  
people among mankind.' They said: 'O Messenger of  
Allah, who are they?' He said: 'The people of the  
Qur'an, the people of Allah and those who are closest  
to Him.'"

Sunan Ibn Majah : 215

3 Fulfill the Rights  
of the Qur'an

Listen

↓  
Recite

↓  
Understand

↓  
Memorize

↓  
Implement

↓  
Convey

Narrated `Abdullah bin `Amr:  
The Prophet (صلى الله عليه وسلم) said, "Convey (my  
teachings) to the people even if it were a single  
sentence, and tell others the stories of Bani Israel  
(which have been taught to you), for it is not sinful  
to do so. And whoever tells a lie on me intentionally,  
will surely take his place in the (Hell) Fire."

Sahih Bukhari : 3461

For by Allah, if one man is guided on the  
right path (i.e. converted to Islam) through  
you, it would be better for you than (a great  
number of) red camels

Sahih Bukhari :3701

4 Stay Happy to the Qur'an

5 Ask Allah For Help

6 Make Du'a :

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ أَلْوَهَابُ

Our Lord, let not our hearts deviate after You have guided us and grant us from Yourself mercy.

Indeed, You are the Bestower. [Surah 03.008]

اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ

O' Allah, guide me with those whom You have guided

Sunan Abi Daud : 1427

اللَّهُمَّ إِنِّي عَبْدُكَ، ابْنُ عَبْدِكَ، ابْنُ أَمَتِكَ، نَاصِيَتِي بِيَدِكَ، مَا ضَى فِيَّ  
حُكْمُكَ، عَدْلٌ فِيَّ قَضَاؤُكَ، أَسْأَلُكَ بِكُلِّ اسْمٍ هُوَ لَكَ، سَمَّيْتَ بِهِ  
نَفْسَكَ، أَوْ أَنْزَلْتَهُ فِي كِتَابِكَ، أَوْ عَلَّمْتَهُ أَحَدًا مِنْ خَلْقِكَ، أَوْ اسْتَأْذَنْتَ  
بِهِ فِي عِلْمِ الْغَيْبِ عِنْدَكَ، أَنْ تَجْعَلَ الْقُرْآنَ رِيعَ قَلْبِي، وَنُورَ  
صَدْرِي، وَجَلَاءَ حُزْنِي، وَذَهَابَ هَمِّي

O Allah, I am Your slave, and the son of Your male slave, and the son of your female slave.

My forehead is in Your Hand (i.e. you have control over me). Your Judgment upon me is  
assured, and Your Decree concerning me is just.

I ask You by every Name that You have named Yourself with, revealed in Your Book, taught  
anyone of Your creation, or kept unto Yourself in the knowledge of the unseen that is with  
You, to make the Qur'an the spring of my heart, and the light of my chest, the banisher of my  
sadness, and the reliever of my distress.

Al-Silsilah As-Sahihah :199

GOAL	WHEN	WHERE	HOW
LISTEN			
RECITE			
MEMORIZE			
IMPLEMENT			
SHARE			

MAKE A DAILY SCHEDULE WITH THE QUR'AN