

# PEARL OF THE WEEK 11

## ***QURAN IS THE CURE FOR THE HEARTS***

يَأَيُّهَا النَّاسُ قَدْ جَاءَتْكُمْ مَوْعِظَةٌ مِّن رَّبِّكُمْ وَشِفَاءٌ لِّمَا فِي الصُّدُورِ وَهُدًى وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

O mankind, there has come to you instruction from your Lord and healing for what is in the chests and guidance and mercy for the believers.

Surah Yunus: 57

### **HUMAN**

#### BODY

From Earth

Food from earth.  
Vegetables and animals.

Junk food harms the body

Medicine is the cure

***QURAN***  
HEALS THE  
BODY AND  
THE SOUL

Medicine is Quran

Haram Entertainments harms the soul

Food from heavens.  
The Quran and the Sunnah

From Heavens

#### SOUL

IT IS FOR EVERY INDIVIDUAL.

- Advice From the Creator.
- Cure for the Hearts.
- Guidance in Life.
- Mercy from the Lord.

Is a piece of advise that diverts a person's attention from worldly pursuits to the remembrance of Allah and the Day of Judgement and creates tenderness in the hearts, dislike of the world, and prefer the Hereafter.

Quran touches the Heart and makes us ask:

- Am I running after Dunya?
- Am I hard hearted?
- Am I working for the Akhirah?
- Am I preparing for my Death?

Quran touches our Heart and make us check our:

- Actions- Is it good or bad?
- Focus - Am I distracted by this dunya?
- Goal - Is it Jannah or Jahannam?

**TAKE THE QURAN SERIOUSLY, IT IS THE ADVICE FROM OUR CREATOR**

All the advises are very clear

Do s and Don'ts are clear

Ponder over it and benefit from it

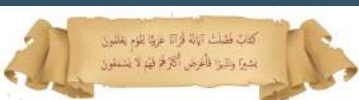
QURAN ADVICES US THROUGH

GOOD NEWS ABOUT PARADISE AND WARNING ABOUT HELLFIRE

QUESTIONING, TO MAKE PEOPLE THINK!

STORIES OF THE PAST NATIONS AND THEIR OUTCOME AS LESSON FOR US.

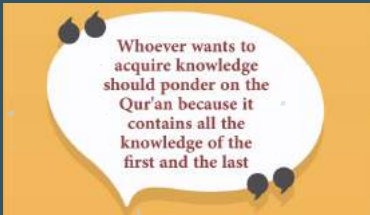
NEWS OF THE PAST AND FUTURE. WHAT IS OUR ORIGIN, OUR PRESENT AND WHAT IS OUR ENDING.



A Book whose verses have been detailed, an Arabic Qur'an for a people who know. (1) As a giver of good tidings and a warner: but most of them turn away, so they do not hear. (2) SURAH AL-FUSSILAT:3-4

Don't you all think?  
Don't you all ponder?  
Don't you all understand?

People of Aad, Thamood, Nuh and Lut etc.



Whoever wants to acquire knowledge should ponder on the Qur'an because it contains all the knowledge of the first and the last

# وَشِفَاءٌ لِّمَا فِي الصُّدُورِ

QURAN HEALS THE SICKENESS OF THE HEART



TAKE CARE OF OUR HEARTS WITH QURAN

QURAN CURES PHYSICAL, EMOTIONAL, SPIRITUAL, SOCIAL DISEASES.

BASIC PRINCIPLES OF MEDICINE ARE 3 -  
- PREVENTION  
- MAINTAIN  
- REMOVE HARMFUL OBJECTS  
By Ibn-Al Qayyim



- |             |               |           |            |
|-------------|---------------|-----------|------------|
| Shirk       | Kufr          | jealousy  | hatred     |
| Miserliness | Greed         | Hypocrisy | Doubt      |
| Arrogance   | Evil Thoughts | Sadness   | Evil Plans |

QURAN IS CURE FOR THE HEART IN 3 WAYS

NOT SEEKING CURE FROM THE QURAN= LEAVING THE QURAN

Cure for misguidance - Quran is Guidance

QURAN IS THE BEST RUQYAH



Cure for Disease- Quran has Barakah



Ibn Al Jawzi

IT IS THE WAY OF THE PROPHET ﷺ



Cure for Ignorance - Quran is Knowledge

THE WHOLE QURAN IS SHIFA



# هُدَى

Quran defines the right of each individual and prescribes laws that do not infringe on the rights of any individual, society or government and do not infringe on anyone else.



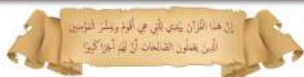
- Quran teaches us how to live in the world.
- How to make it to Jannah using this world.
- Guides us to bigger purpose, which is to save ourselves and others.
- How to live as a daughter, mother, a boss and so on.

- Quran teaches us to be peaceful people.
- Quran Guides to our rights and Duties.
- Everyone's rights are protected in the Quran.
- When we follow these Guidance, the world will become peaceful.

## QURAN As A Guidance

### Guidance to the Best Path

#### Guides to the Best Path

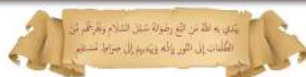


Indeed, this Qur'an guides to that which is most suitable and gives good tidings to the believers who do righteous deeds that they will have a great reward.

SURAH AL-ISRAA:9

### Guides to the Peace

#### Guides to the Ways of Peace



By which Allah guides those who pursue His pleasure to the ways of peace and brings them out from darkness into the light, by His permission, and guides them to a straight path.

SURAH AL-MAIDAH:16

### Pondering and understanding to attain Guidance



The Prophet (ﷺ) said in his narration of a dream that he saw, "He whose head was being crushed with a stone was one who learnt the Qur'an but never acted on it, and slept ignoring the compulsory prayers."

Sahih of Bukhari 1143

### Complete Guidance

#### Complete Guidance



And We have sent down to you the Book as clarification for all things and as guidance and mercy and good tidings for the Muslims.

SURAH AL-NAHL:89



Behold, for I am hearing amongst you two weighty things, one of which is the Book of Allah, the Exalted and Glorious, and that is the rope of Allah. He who holds it fast would be on right guidance and he who abandons it would be in error

Sahih Muslim 2468c



Allah has given an example of a weighty path, on both sides of which are two walls, in which there are open doors, and over the doors are arches, and of the beginning of the path there is a valley who says: "O people, enter the valley of knowledge and do not go down from it, but there is a valley who calls from beneath it, when a person wants to open one of those doors, he says: "He is not from our people, but if you open it you will enter it. The valley is him and the walls are the angels forbidden by Allah. The color of the beginning of the path is the Book of Allah and the color at the top of the path is the conscious based in the heart of every Muslim"

Mulhad Ahmad 17434

عَنْ عَمْرِو بْنِ عَبْدِ اللَّهِ قَالَ سَأَلْتُ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ عَنْ رَجُلٍ يَأْتِي بِبُرْهَانٍ مِنْ عِنْدِ اللَّهِ وَيَكْفُرُ بِهِ فُلْيَاقًا يُفْتَرِكُنَّ حَتَّى تَكُونَ لَهَا صُورَةُ السُّجُودِ يُخَالِفُونَ بِهَا لَكُمْ مَقْصُودًا لَعَلَّكُمْ تَهْتَكُونَ فَاذْكُرُوا اللَّهَ عِندَ مَا تُكْفِرُونَ بِهِ لَعَلَّكُمْ تَتَّقُونَ

For Allah has given an example of a weighty path, on both sides of which are two walls, in which there are open doors, and over the doors are arches, and of the beginning of the path there is a valley who says: "O people, enter the valley of knowledge and do not go down from it, but there is a valley who calls from beneath it, when a person wants to open one of those doors, he says: "He is not from our people, but if you open it you will enter it. The valley is him and the walls are the angels forbidden by Allah. The color of the beginning of the path is the Book of Allah and the color at the top of the path is the conscious based in the heart of every Muslim"

[الحادي 3390] حسين

الغير

### 3 TYPES OF HEARTS



Has no ability to benefit from the Quran



Has ability to benefit from the Quran, but ignorance and arrogance prevent it from benefitting from the Quran. The love of this world makes our heart sick. Busy with affairs of world can make the heart sick.



It benefits from the Quran and it is alive and healthy

KEEP YOUR HEARTS ALIVE!

DON'T WASTE TIME ON FACEBOOK, SPEND TIME WITH BOOK OF ALLAH

Whoever follows the Quran or the society or the government that follows it, the blessing of Allah descend on them in this world as well as in the Hereafter

رَحْمَةً



IF YOU WANT TO SPARKLE LIKE A STAR, RECITE THE QURAN!



FOLLOWERS OF QURAN, ATTAIN MERCY AND TAQWA!



Quran will be an intercessor for those who had connection with it.



MERCY THROUGH: Attainment of Jannah, Crown for the one who hold on to the Quran, Barakah in both worlds, and Honor in both worlds.

# لِلْمُؤْمِنِينَ

ADVISE

HEALING

GUIDANCE

MERCY

## All the Benefits for the Believers



And We send down of the Qur'an that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss.

SURAH AL-ISRAA:82

## ALL THESE ARE FOR THE BELIEVERS

## It Is A Burden on Disbelievers



Say, "It is, for those who believe, a guidance and cure." And those who do not believe - in their ears is deafness, and it is upon them blindness.

SURAH AL-FUSSILAT:44

## ACTION POINTS



Stay connected with the Quran

**Narrated 'Uthman:**  
The Prophet (ﷺ) said, "The best among you (Muslims) are those who learn the Qur'an and teach it."

عن عثمان رضي الله عنه عن النبي صلى الله عليه وسلم قال خيركم من تعلم القرآن وعلمه  
[Sahih Al-Bukhari 3322]

Fulfill the rights of the Quran:

- Listen
- Recite
- Understand
- Memorise
- Implement
- Convey

**Narrated 'Abdullah bin 'Aar:**  
The Prophet (ﷺ) said, "Convey (the teachings) to the people even if it were a single sentence, and tell others the stories of Rawf bin Ra'fan (which have been taught to you), for it is not sinful to do so. And whoever fails to do so intentionally, will surely take his place in the (Hell) Fire."

عن عبد الله بن عمرو بن العاص قال سمعت رسول الله صلى الله عليه وسلم يقول: "أبى وأخيراً من بني إسرائيل ولا يخرج ومن كان علمه عن متعتنا فليقلها متعة من الناس"  
[Sahih Al-Bukhari 3441]

for by Allah, if one man is guided on the right path through you, it would be better for you than (a great number of) red camels.

عن عبد الله بن عمرو بن العاص قال سمعت رسول الله صلى الله عليه وسلم يقول: "أبى وأخيراً من بني إسرائيل ولا يخرج ومن كان علمه عن متعتنا فليقلها متعة من الناس"  
[Sahih Al-Bukhari 3270]

Become Ahlullah. (People of Quran)

It was narrated that Anas bin Malik said: "The Messenger of Allah said: 'Allah has five (or seven) names among mankind. They said: 'O Messenger of Allah, who are they?' He said: 'The people of the Qur'an, the people of Allah and those who are closest to Him.'"

عن أنس بن مالك قال قال رسول الله صلى الله عليه وسلم: "إن لله لخلقاً من الناس، قالوا يا رسول الله من أولئك؟ قال من قرأ القرآن، من قرأ القرآن من أولئك، من قرأ القرآن من أولئك، من قرأ القرآن من أولئك، من قرأ القرآن من أولئك"  
[Sunan Ibn Majah 2119]

Stay happy with the Quran



## DO'AS



رَبَّنَا لَا تُرِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَخَلِّصْنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Our Lord, Let not our hearts deviate after You have Guided us and Grant us from Yourself Mercy. Indeed You are the Bestower.

Al Imran: 8

اللَّهُمَّ اهْدِنِي فِي مَن هَدَيْتَ

O Allah, guide me with those whom You have Guided.

Sunan Abi Daud:1427

اللَّهُمَّ إِنِّي عَبْدُكَ وَإِنَّ عَبْدُكَ وَابْنُ أُمَّتِكَ نَاصِبِي بِيَدِكَ مَاضٍ فِي حُكْمِكَ عَدْلٌ فِي قَضَائِكَ أَسْأَلُكَ بِكَرْلِ اسْمِكَ هُوَ لَكَ سَمَّيْتُ بِهِ نَفْسَكَ أَوْ عَلَّمْتَهُ أَحَدًا مِّنْ خَلْقِكَ أَوْ أَنْزَلْتَهُ فِي كِتَابِكَ أَوْ اسْتَأْذَنْتَ بِهِ فِي عِلْمِ الْغَيْبِ عِنْدَكَ أَنْ تَجْعَلَ الْقُرْآنَ رَبِيعَ قَلْبِي وَ نُورَ صَدْرِي وَ جِلَاءَ حُزْنِي وَ ذَهَابَ هَمِّي

O Allah, I am Your slave, and the son of Your male slave, and the son of Your female slave. My forehead is in Your Hand (You have control over me) Your Judgment upon me is assured, and Your decree concerning me is just. I ask You by every Name that You have named Yourself with, revealed in Your Book, taught any one of Your creation, or kept unto Yourself in the knowledge of the unseen that is with You, to make the Quran the spring of my heart, and the light of my chest, the banisher of my sadness, and the reliever of my distress.