

PEARLS OF QUR'AN

TOPIC : QUR'AN IS THE CURE FOR THE HEARTS

يَا أَيُّهَا النَّاسُ قَدْ جَاءَتْكُمْ مَوْعِظَةٌ مِّن رَّبِّكُمْ وَشِفَاءٌ لِّمَا فِي الصُّدُورِ
وَهُدًى وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

"O Humanity! Indeed, there has come to you a warning from your Lord, a cure for what is in the hearts, a guide, and a mercy for the believers."

[Yunus : 57]

WE ARE A COMBO OF



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The body came from the earth and so it's food comes from the earth.

If we don't feed the body we become sick
If we feed the body with the wrong food then we can't function.

The soul came from the heavens and so the food for the soul is from the heavens - Quran and Sunnah

When we don't feed the soul it becomes sick, or if we feed it the wrong food it gets corrupt.

JUNK FOOD FOR THE SOUL

Junk food for the soul includes; alcohol, drugs, music, movies, entertainment, parties, Zinah, gossiping, backbiting and anything haram. ..



QUR'AN IS A CURE

If you get sick, Qur'an is here to fix it!
Not only for the soul but it is also a cure for the body!

THE VERSES ARE :-

1. Advice from Allah
 2. A cure for whatever is in your chests
 3. Guidance
 4. Mercy
- Everyone is invited to this but only the believers benefit!

1.

ADVICE FROM ALLAH WORDS THAT REACH THE HEART



If you get advice from a successful person in world things, you will be happy!

But when Allah gives you advice why aren't you happy about it? Be excited and happy!

A Maw'ethah is a piece of advice that diverts a persons attention from the worldly pursuits to the remembrance of Allah, the Day of Judgement, and creates tenderness in the hearts, dislike of the world and the attachment of the Hereafter.

Am I hard hearted?
Do I run after dunya?
Am I working for the akhirah?
Am I preparing for my death?
Do I take the Qur'an and reflect?
Do I take the Qur'an as advice?
Am I changing? If not, I need to re-establish my connection with the Qur'an.



Don't get distracted!
We know we have a goal = JANNAH
Strive for the best!



LETS UNDERSTAND ADVICE :-

A doctor tells you, you have allergies and if you eat X, you can die.

Will you take the advice? Yes and take it seriously.

SADLY, people don't give this respect to the Qur'an even when the Qur'an is trying to save us from eternal pain in Hell.



QUR'AN GIVES ADVICE

DO'S

Good manners
Charity
Forgive

DON'TS

Backbite
Lie
Steal
Kill
Listen to music
Zinah

2 REQUIREMENTS TO BENEFIT

PONDER

QUEST FOR
GUIDANCE

QUR'AN IS HEALING

2.

It cures the heart

A person had a fight with the husband, she would recite and hug the Qur'an and it helped her, even if she did not understand Qur'an. She could deal with that patch.

QUR'AN CURES THESE DISEASES

SHIRK

DISBELIEF

JEALOUSY



HATE

MISERLINESS

GREED

HYPOCRISY

DOUBT

ARROGANCE

SADNESS

EVIL THOUGHTS

EVIL PLANS

QUR'AN CURES PHYSICAL DISEASES

SPIRITUAL, MENTAL, EMOTIONAL, SOCIAL

Qur'an cures all diseases, no other book can cure and no other Kalaam. Reciting the Qur'an cures you! But it does not mean you should not go to the doctor.

BASIC PRINCIPLES OF MEDICINE

PREVENTION
Honey
Habatul Sawda

MAINTAIN

REMOVE HARMFUL OBJECTS

Cupping
Tayyamum

3.

QUR'AN IS GUIDANCE

وَهْدَى

How to live in this world

How to save yourself
and others

When you look for help
from people we will be
misguided
You will never be lost
with the Qur'an

The Qur'an defines the rights
of each individual and
prescribes laws that do not
infringe.

How to make it to Jannah
by using this world

Guides you in all phases of life
How to be a mother, daughter,
spouse, friend, student, teacher
etc.

What your duties as a;
muslim, wife, speaker, boss,
mother etc.

RIGHTS AND DUTIES

Everyones rights are
protected
Sufficient for us to flourish
No need for new rights

If we do this, the world would
be peaceful. Problem is we
want more rights and we don't
practice or give others rights
Show the world how you can
live by the Qur'an - PEACE to
ALL!

4.

QUR'AN IS A MERCY

رَحْمَةً

A MERCY FOR THE BELIEVERS

Whoever follows the Qur'an or
the society or government that
follows it, the blessings of Allah
descend on him in this world as
well as in the Hereafter.

Mercy for those who believe, even non-muslims use the
kalikah to ease the pain for a dying person.

WANT TO SPARKLE FOR ANGELS?

The Prophet Muhammad ﷺ
said, "...Recite the Qur'an in
[your houses]. For the
inhabitants of the heavens see
them like people on earth see
stars."
Silsilah Ahaadeth as-Saheehah
3112 Sahih

ALL THE BENEFITS FOR THE BELIEVERS

And We send down of the Qur'an that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss.

Al-Isra', Ayah 82

IT IS A BURDEN FOR DISBELIEVERS

Say, "It is, for those who believe, a guidance and cure." And those who do not believe - in their ears is deafness, and it is upon them blindness.

Fussilat, Ayah 44

Real iman makes you a believer.

4 WAYS QUR'AN ADVICES US

1



&

WARNING

2 Motivations :- Motivated for rewards or scared of punishment. Balance of fear and hope.

A Book whose verses have been detailed, an Arabic Qur'an for a people who know, As a giver of good tidings and a warner; but most of them turn away, so they do not hear.

Fussilat, Ayah 3-4

Qur'an is not complicated, it's simple and detailed in arabic, a beautiful language. People make it difficult and ugly, grow up! Our Prophet ﷺ has explained everything, follow him not made up ideas.

2.

QUESTIONS

The Qur'an asks, do you not think?

The Qur'an asks, do you not reflect?

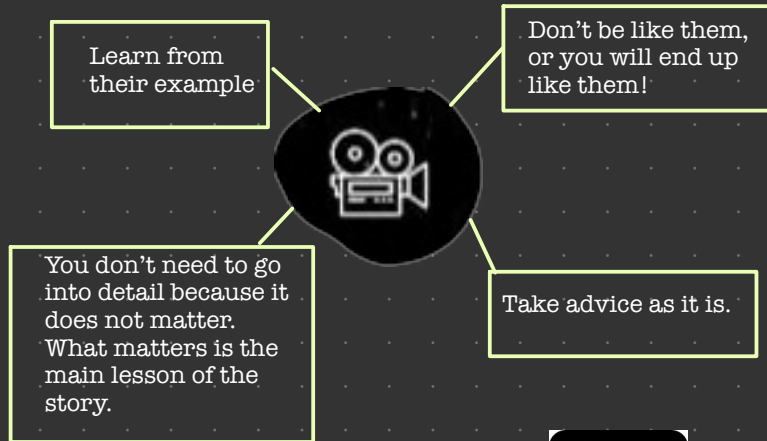


The Qur'an asks, do you not remember?

The Qur'an asks, do you not use your intellect?

3.

STORIES OF THE PAST NATIONS



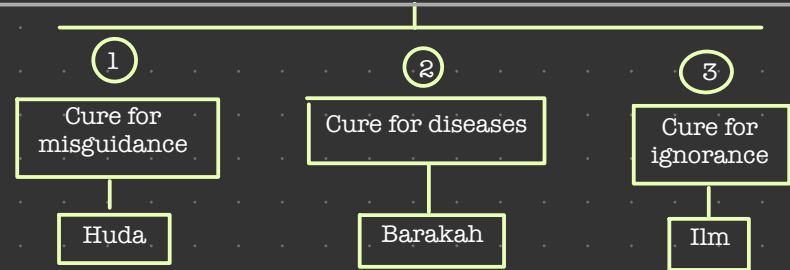
4.

NEWS AND PROPHECIES



Whoever wants to acquire knowledge should ponder on the Qur'an because it contains all the knowledge of the first and the last

QUR'AN HAS SHIFA IN 3 WAYS



“He who does not seek healing from the Book of Allah is always ill.”

Ibn Jawzi

Not seeking cure through the Qur'an is like leaving the Qur'an. Muslims think it's only about recitation, but it is more than that. Start seeking cure from the Qur'an. Surah al-fatihah is a shifa! Believe in it then you will see the miracles.

QUR'AN IS SHIFA

Aaishah r.a relates, Rasulullah ﷺ once entered and a woman was treating her or reciting something [to treat her]. Nabi ﷺ said, "Treat her with the Book of Allah."

al-Silsilah as-Sahehaah 1931

Narrated Aisha:

Whenever Allah's Messenger (ﷺ) became ill, he used to recite the Muawidhatan (i.e. the last two surahs of the Qur'an) and blow his breath over himself (after their recitation) and rubbed his hands over his body. So when he was afflicted with his fatal illness. I started reciting the Muawidhatan and blowing my breath over him as he used to do and then I rubbed the hand of the Prophet (ﷺ) over his body.

Sahih al-Bukhari 4439

SHIFA IS IN THE WHOLE OF THE QUR'AN

There is no proof that specific verses or Surah's will cure certain things except for Surah al-Fatihah. Magicians can't stand Surah Al-Baqarah!

QUR'AN GUIDES US TO THE WAYS OF PEACE

**By which Allah guides those who pursue His pleasure to the ways of peace and brings them out from darknesses into the light, by His permission, and guides them to a straight path.
Al-Ma'idah, Ayah 16**

Behold, for I am leaving amongst you two weighty things, one of which is the Book of Allah, the Exalted and Glorious, and that is the rope of Allah. He who holds it fast would be on right guidance and he who abandons it would be in error.

Sahih Muslim

QUR'AN GUIDES US TO THE BEST PATH

Indeed, this Qur'an guides to that which is most suitable and gives good tidings to the believers who do righteous deeds that they will have a great reward.
Al-Isra', Ayah 9

"And We have sent down to you the Book as clarification for all things and as a guidance and mercy and good tidings for the Muslims."
[Al-Nahl : 89]

Ka'ab r.a said : Hold on to Qur'an as it is Understanding of intellect, Light of wisdom and spring go knowledge and it is the newest Book revealed from al-Rahman and Allah has mentioned that in the Torah : "O Muhammad, Indeed I will reveal a new Torah upon you that will open line eyes deaf ears and covered hearts."

Adamiri 3390

"Allah has given an example of a straight path, on both sides of which are two walls, in which there are open doors, and over the doors are curtains, and at the beginning of the path there is a caller who says : 'O people, enter the. Path all together and do not depart from it. And there is a caller who calls from further in; when a person wants to open any of those doors, he says : Woe to you, do not open it, for if you open it you will enter it. The path is Islam and the walls are the sacred limits of Allah, and the open doors are the things forbidden by Allah. The caller at the beginning of the path is the conscience found in the heart of every muslim."

Musnad Ahmad 17634



RECITATION OF QUR'AN ALONE IS NOT ENOUGH

Recitation alone will not give you guidance because you don't understand what you are saying.
It's like reading a map in a different language, you will get lost.
You need to understand the map to walk the path.

The Prophet ﷺ said in his narration of a dream, that he saw, "He whose head was being crushed with a stone was one who learnt the Qur'an but never acted on it. And slept ignoring the compulsory prayers."
Sahih Bukhari 1143

3 TYPES OF HEARTS 3 REACTIONS TO QUR'AN

DEAD



NO ABILITY
NO BENEFIT

SICK



HAS ABILITY
NO BENEFIT

ALIVE



ABILITY TO
BENEFIT

HOW DOES A HEART DIE?

IGNORANCE

Your parents
are sick and
you don't know
your duties



ARROGANCE

When someone
gives you advice
you say, I know,
don't tell me what
to do!

WHAT MAKES A HEART SICK?

Love of dunya
Desires



Running after dunya,
wealth, power, fame

SOLUTION

Don't be too tied up with your phone, news etc. If you love your phone, open up islamic apps. Don't waste your time on face book, spend more time with the Book of Allah! Listen to advice with your heart.

And this [Qur'an] is a Book We have revealed [which is] blessed, so follow it and fear Allah that you may receive mercy.

Al-An'am, Ayah 155

'Amir b. Wathila reported that Nafi' b. 'Abd al-Harith met 'Umar at 'Usfan and 'Umar had employed him as collector in Mecca. He (Hadrat 'Umar) said to him (Nafi'):
Whom have you appointed as collector over the people of the valley? He said: Ibn Abza. He said: Who is Ibn Abza? He said: He is one of our freed slaves. He (Hadrat 'Umar) said: So you have appointed a freed slave over them. He said: He is well versed In the Book of Allah. the Exalted and Great, and he is well versed In the commandments and injunctions (of the Shari'ah). 'Umar said: So the Prophet (ﷺ) said: By this Book, Allah would exalt some peoples and degrade others. Sahih Muslim 817a

The Qur'an will come on the Day of Resurrection, like a pale man, and will say: 'I am the one that kept you awake at night and made you thirsty during the day.'
Sunan Ibn Majah 3781

MERCY FOR THOSE WHO BELIEVE



ILM TO ACTION

1. Have a solid plan, recite, understand, memorise, implement and connect with the Qur'an.

Narrated 'Uthman : The Prophet ﷺ said, "The best among you [muslims] are those who learn the Qur'an and teach it. "
Sahih al-Bukhari 5027

2. Try to become the people of Allah

Anas ibn Malik reported: The Messenger of Allah, peace and blessings be upon him, said, "Verily, Allah has His own people among humanity." They said, "O Messenger of Allah, who are they?" The Prophet said, "They are the people of the Quran, the people of Allah and His chosen ones."

Source: Sunan Ibn Mājah 215

3. Fulfil the rights of the Qur'an

Narrated `Abdullah bin `Amr:

The Prophet (ﷺ) said, "Convey (my teachings) to the people even if it were a single sentence..."

Sahih al-Bukhari 3461

"...for by Allah, if one man is guided on the right path through you, it would be better for you than [a great number of] red camels.
Sahih al-Bukhari 3701

4. Stay happy with the Qur'an and ask Allah for help.

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً ۚ
إِنَّكَ أَنْتَ الْوَهَّابُ

Our Lord, let not our hearts deviate after You have guided us and grant us from Yourself mercy. Indeed, You are the Bestower.

(آل عمران : 8)

اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ

O Allah, guide me with those whom You have guided
Abu Dawud, Ibn Majah

اللَّهُمَّ إِنِّي عَبْدُكَ ابْنُ عَبْدِكَ ابْنُ أَمَتِكَ نَاصِيَّتِي بِيَدِكَ، مَاضٍ فِيَّ حُكْمُكَ،
عَدْلٌ فِي قَضَاؤِكَ أَسْأَلُكَ بِكُلِّ اسْمٍ هُوَ لَكَ سَمِّيتَ بِهِ نَفْسَكَ أَوْ أُنْزَلَتْهُ فِي
كِتَابِكَ، أَوْ عَلَّمْتَهُ أَحَدًا مِنْ خَلْقِكَ أَوْ اسْتَأْثَرْتَ بِهِ فِي عِلْمِ الْغَيْبِ عِنْدَكَ
أَنْ تَجْعَلَ الْقُرْآنَ رِيعَ قَلْبِي، وَنُورَ صَدْرِي وَجَلَاءَ حُزْنِي وَذَهَابَ هَمِّي

O Allah, I am Your slave, and the son of Your male slave, and the son of your female slave. My forehead is in Your Hand (i.e. you have control over me). Your Judgment upon me is assured, and Your Decree concerning me is just. I ask You by every Name that You have named Yourself with, revealed in Your Book, taught any one of Your creation, or kept unto Yourself in the knowledge of the unseen that is with You, to make the Qur'an the spring of my heart, and the light of my chest, the banisher of my sadness, and the reliever of my distress.

Reference:

Ahmad 1/39