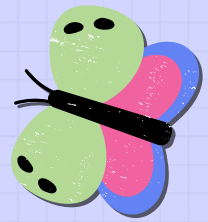




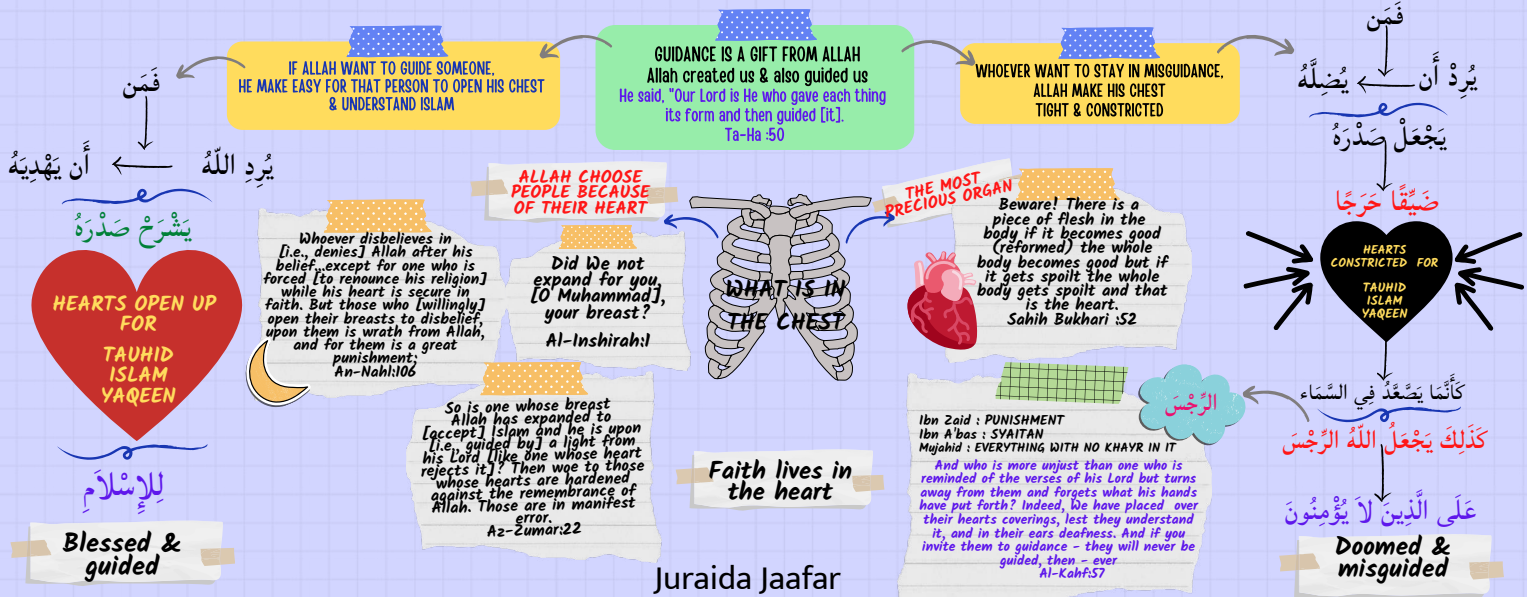
Whoever Allah Wants To Guide

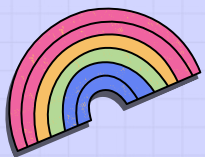
AL-AN'AAM : 125



فَمَنْ يُرِدِ اللَّهُ أَنْ يَهْدِيَهُ يَشْرَحْ صَدْرَهُ لِلْإِسْلَامِ وَمَنْ يُرِدْ أَنْ يُضِلَّهُ يَجْعَلْ صَدْرَهُ ضَيِّقًا حَرَجًا كَأَنَّمَا يَصْعَدُ فِي السَّمَاءِ كَذَلِكَ يَجْعَلُ اللَّهُ الرُّجْسَ عَلَى الَّذِينَ لَا يُؤْمِنُونَ

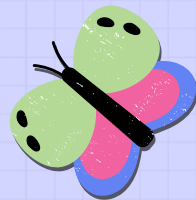
So whoever Allah wants to guide - He expands his breast to [contain] Islam; and whoever He wants to misguide - He makes his breast tight and constricted as though he were climbing into the sky. Thus does Allah place defilement upon those who do not believe





Whoever Allah Wants To Guide

Heart



Abu Sa'id reported: The Messenger of Allah, peace and blessings be upon him, said, "There are four kinds of hearts: a polished heart as shiny as a radiant lamp, a sealed heart with a knot tied around it, a heart that is turned upside down, and a heart that is wrapped. As for the polished heart, it is the heart of the believer and its lamp is the light of faith. The sealed heart is the heart of the unbeliever. The heart that is turned upside down is the heart of a pure hypocrite, for he had knowledge but he denied it. As for the heart that is wrapped, it is the heart that contains both faith and hypocrisy. The parable of faith in this heart is the parable of the herb that is sustained by pure water, and the parable of the hypocrisy in it is the parable of an ulcer that thrives upon puss and blood; whichever of the two is greater will dominate."

Musnad Ahmad : 11129

TYPE OF HEART



Polished heart

- as shiny as radiant lamp
- heart of believer & the lamp is iman



Sealed heart

- knot tied around it
- heart of disbeliever



heart upside down

- has knowledge but he denied it
- heart of hypocrite



wrapped heart

- contain both iman & hypocrisy
- heart of confuse people



faith is gift from Allah

And know that among you is the Messenger of Allah. If he were to obey you in much of the matter, you would be in difficulty, but Allah has endeared to you the faith and has made it pleasing in your hearts and has made hateful to you disbelief, defiance and disobedience. Those are the [rightly] guided
Al-Hujurat:7



Allah looks at your heart & your deeds

This hadith has been transmitted on the authority of Abu Huraira with some addition (and it is this):
"Verily Allah does not look to your bodies nor to your faces but He looks to your hearts," and he pointed towards the heart with his fingers.
Sahih Muslim:2564b



Heart with iman will not enter hellfire

It is narrated on the authority of 'Abdullah b. Mas'ud that the Messenger of Allah (ﷺ) observed:
None shall enter the Fire (of Hell) who has in his heart the weight of a mustard seed of Iman and none shall enter Paradise who has in his heart the weight of a mustard seed of pride.
Sahih Muslim :91b



Our hearts are in control of Allah

Abdullah b. Amr b. al-'As reported that he heard Allah's Messenger (ﷺ) as saying:
Verily, the hearts of all the sons of Adam are between the two fingers out of the fingers of the Compassionate Lord as one heart. He turns that to any (direction) He likes. Then Allah's Messenger (ﷺ) said: O Allah, the Turner of the hearts, turn our hearts to Thine obedience.
Sahih Muslim:2655



Heart has the ability to recognise

Ibn Mas'ud said :
Doomed is the one whose heart doesn't recognise the good as good and the bad as bad
Al-Thabrani :8564



Allah grant faith to those whom He loves

Allah gives wealth to those He loves & those He does not love, while He does not grant faith except to those whom He loves
Saheeh At-Targheeb wat-Tarheeb:1571



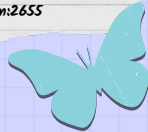
Our hearts keep changing

It is only called the qalb(heart) because of how it can change. The similitude of the heart is like a leaf hanging by the trunk of a tree that is being blown upside down by the wind
Musnad Ahmad:19661



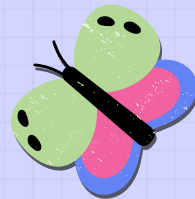
Surely the heart of son of Adam is more upheaval than a pot when it is completely on the boil

Musnad Ahmad:23819





Whoever Allah Wants To Guide



Open Heart
vs
Constricted Heart



SIGNS THE HEART IS OPEN

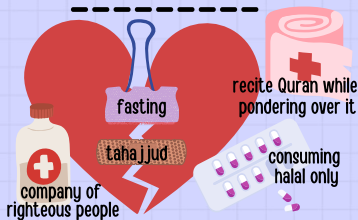
- start loving for good deeds
- Islam become easy
- love of Allah
- desire to learn the deen
- acceptance of Allah's command



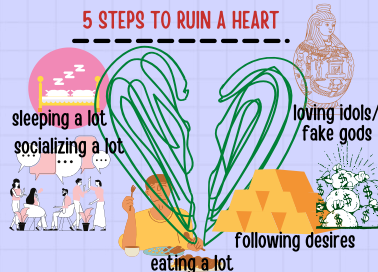
HOW DOES A HEART OPEN UP?

- Believing in oneness of Allah
- Seek knowledge of Deen
- Turning to Allah & loving Him
- Following Rasulullah
- Do utmost good with people
- Saving oneself from jealousy, hate & arrogance

5 STEPS TO FIX A HEART



5 STEPS TO RUIN A HEART



BENEFITS OF AN OPEN HEART

- Happiness with good deeds
- recognition of good & evil
- less deeds more rewards because conviction in the heart
- grave will expand & light up



CONSTRICTED/TIGHT HEART

- too busy to learn the deen
- finds Islam difficult
- do not enjoy good deeds
- difficulty accepting commands of Allah
- active for dunya, lazy for deen

Ways to save our heart

ONE STEP FORMULA: MUSNAD AHMAD

Faith cannot be fixed if heart is not fixed
heart cannot be fixed until tongue is fixed
START WORKING ON YOUR TONGUE

LET'S MAKE DU'A

رَبِّ اشْرَحْ لِي صَدْرِي. وَيَسِّرْ لِي أَمْرِي
وَاحْلُلْ عُقْدَةً مِّنْ لِّسَانِي يَتَّقَهَا قَوْلِي
My Lord! Open my chest And make my affair easy to me
And loose the knot From my tongue
(That) they may understand my words.
Ta-Ha :25-28

SELF CHECK OUR HEART

- Is my chest open to the truth??
- Am I concerned about the hereafter more than this life??
- Do I strive to do good despite opposition??
- My heart open or constrict when pray Fajr/recite Quran/lie/tease??

REJECT THE TEMPTATIONS

Hudhaifa said: I heard the Messenger of Allah (saw) observing: Temptations will be presented to men's hearts as reed mat is woven stick by stick and any heart which is impregnated by them will have a black mark put into it, but any heart which rejects them will have a white mark put in it. The result is that there will become two types of hearts: one white like a white stone which will not be harmed by any turmoil or temptation, so long as the heavens and the earth endure; and the other black and dust-coloured like a vessel which is upset, not recognizing what is good or rejecting what is abominable, but being impregnated with passion.
Sahih Muslim :144a



Whoever Allah Wants To Guide


KNOWLEDGE INTO ACTIONS



Be pleased with Islam 

Be pleased with the command of Allah

Accept the commands of Rasulullah 

 Happily accept the decision of Allah

 Free yourself for worship

 Spend more time with Quran

 Implement commands with joy

 Keep reviving & renewing your faith

 Make righteous friends

 Keep doing istighfar to polish your heart

 Purify your heart from ill feeling

The Prophet (saw) said: "The fasting of the Month of Patience and three days from every month remove the contaminants of the heart."
Musnad Ahmad : 20798

It was narrated from Abu Hurairah that the Messenger of Allah (ﷺ) said: "When the believer commits sin, a black spot appears on his heart. If he repents and gives up that sin and seeks forgiveness, his heart will be polished. But if (the sin) increases, (the black spot) increases. That is the Ran that Allah mentions in His Book: 'Nay! But on their hearts is the Ran (covering of sins and evil deeds) which they used to earn.' [83:14]
Sunan Ibn Majah :244

SAHIH BUKHARI : 6368

اللَّهُمَّ اغْسِلْ عَنِّي خَطَايَايَ بِسَاءِ الثَّلْجِ وَالْبَرَدِ، وَنَقِّ قَلْبِي مِنَ الْخَطَايَا، كَمَا نَقَّيْتَ الثَّوْبَ الْأَبْيَضَ مِنَ الدَّنَسِ، وَبَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ

O Allah! Wash away my sins with the water of snow and hail, and cleanse my heart from all the sins as a white garment is cleansed from the filth, and let there be a long distance between me and my sins, as You made East and West far from each other.

DU'A OF IBN MAS'OOD

اللَّهُمَّ زِدْنِي إِيمَانًا وَبِقِيَامًا وَفِقْهًا
O Allah,
Increase me in faith,
conviction & understanding

SAHIH BUKHARI : 6316

اللَّهُمَّ اجْعَلْ فِي قَلْبِي نُورًا
O Allah,
Make light in my heart

AL-IMRAN : 8

رَبَّنَا لَا تُرِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Our Lord, let not our hearts deviate after You have guided us and grant us from Yourself mercy. Indeed, You are the Bestower.

MAKE
DU'A

AL-SILSILAH AL SAHEEHAH : 3228

اللَّهُمَّ إِنِّي أَسْأَلُكَ الثَّبَاتَ فِي الْأَمْرِ، وَالْعَزِيمَةَ عَلَى الرَّشْدِ، وَأَسْأَلُكَ مُوجِبَاتِ رَحْمَتِكَ، وَعَزَائِمَ مَغْفِرَتِكَ، وَأَسْأَلُكَ شُكْرَ نِعْمَتِكَ، وَحُسْنَ عِبَادَتِكَ، وَأَسْأَلُكَ قَلْبًا سَلِيمًا، وَلِسَانًا صَادِقًا، وَأَسْأَلُكَ مِنْ خَيْرِ مَا تَعْلَمُ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا تَعْلَمُ وَأَسْتَغْفِرُكَ لِمَا تَعْلَمُ، إِنَّكَ أَنْتَ عَلَّامُ الْغُيُوبِ

O Allah verily I ask of You for strength of perseverance of obedience on the Deen, and determination in practicing of the Deen and goodness. And I ask of You for that which obligates Your mercy and resolutions for Your Forgiveness And I ask of You for the capability to be thankful for Your blessings and to worship you in a correct and good way. And I ask of You for a heart which is purified in belief [2] and Free from desires and a truthful tongue. And ask of You for the best of what You know, and I seek refuge with You from the evil of what You know and I seek forgiveness for that which You know. Indeed You are the One who knows the unseen