

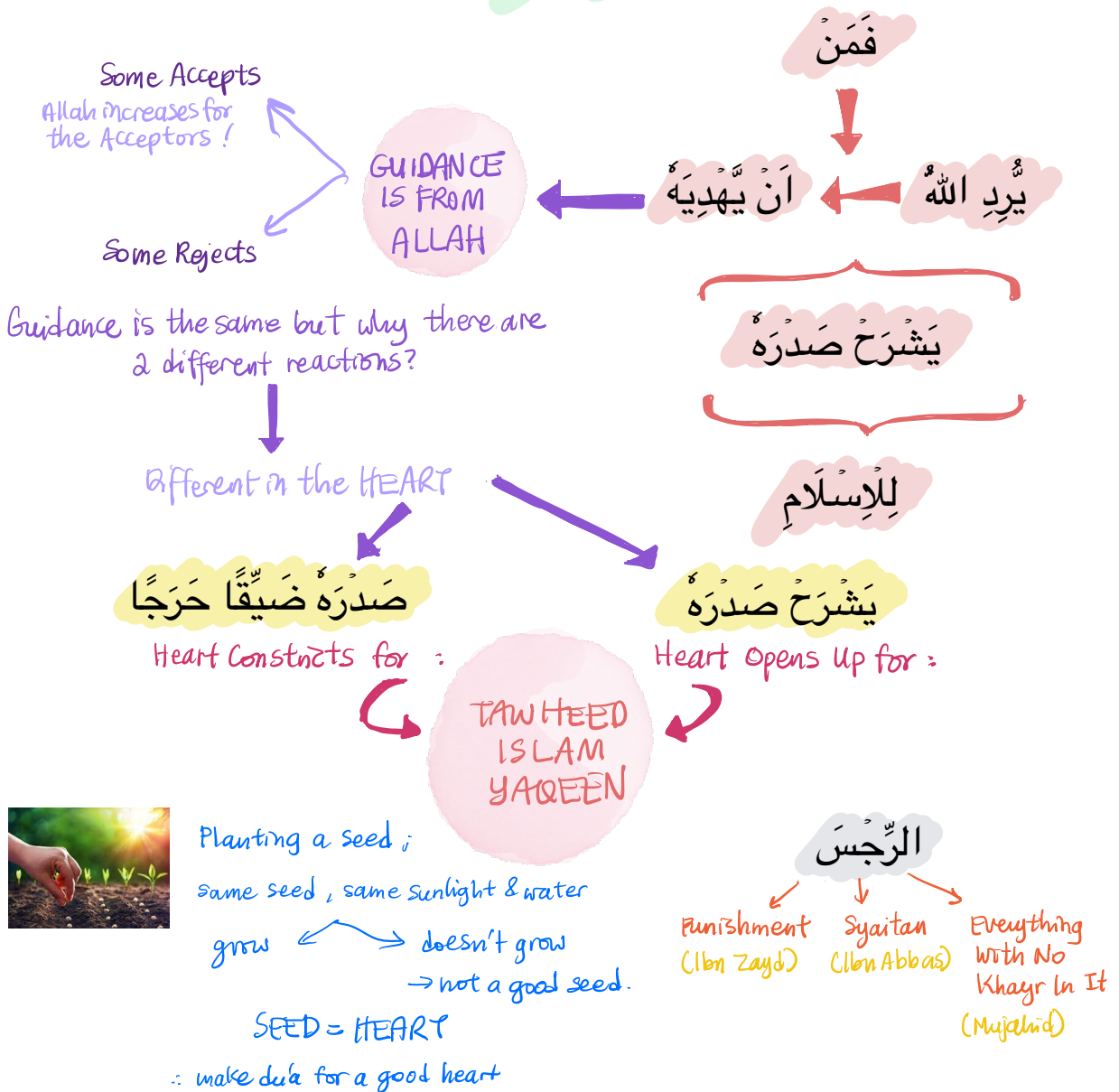
PEARL OF THE WEEK: Al-An'am : 125

WHOEVER ALLAH WANTS TO GUIDE

فَمَنْ يُرِدِ اللَّهُ أَنْ يَهْدِيَهُ يَشْرَحْ صَدْرَهُ لِلْإِسْلَامِ وَمَنْ يُرِدْ أَنْ يُضِلَّهُ يَجْعَلْ صَدْرَهُ ضَيِّقًا حَرَجًا كَأَنَّمَا يَصْعَدُ فِي السَّمَاءِ كَذَلِكَ يَجْعَلُ اللَّهُ الرِّجْسَ عَلَى الَّذِينَ لَا يُؤْمِنُونَ

So whoever Allah wants to guide - He expands his breast to [contain] Islām; and whoever He wants to send astray! - He makes his breast tight and constricted as though he were climbing into the sky. Thus does Allah place defilement upon those who do not believe.

Al-An'am [6:125]



HEARTS & COVERING

And who is more unjust than one who is reminded of the verses of his Lord but turns away from them and forgets what his hands have put forth? Indeed,

We have placed over their hearts coverings, lest they understand it, and in their ears deafness. And if you invite them to guidance - they will never be guided, then - ever.

Al-Kahf [18:57]

they turned away when they knew it was the truth



FAITH lives on the HEART

no guidance will enter them

If you know a command but deny the truth & reject it, it will be hard for you to implement

HEARTS HARDENED

So is one whose breast Allah has expanded to [accept] Islām and he is upon [i.e., guided by] a light from his Lord [like one whose heart rejects it]? Then woe to those whose hearts are hardened against the remembrance of Allah. Those are in manifest error.

Az-Zumar [39:22]

HEART CAN RECOGNIZE

Doomed is the one whose heart doesn't recognise the good as good and the bad as bad

[Ibn Mas'ud]

FAITH TO WHOM HE LOVES

Allah gives wealth to those He loves and those He does not love, while He does not grant faith except to those whom He loves.

[Sahih Targhib wa Tarhib]

QALB CAN CHANGE

It is called the qalb because of how it can change. The similitude of the heart is like a leaf hanging by the trunk of a tree that is being blown upside down by the wind

[Musnad Ahmad]

4 Kinds of Heart (Musnad Ahmad)

POLISHED

(Believer)

SEALED

(Disbeliever)

UPSIDE DOWN

(Pure Hypocrite)

WRAPPED

(Both Iman & Nypocisy)

TEMPTATIONS & HEART

Temptations will be presented to men's hearts as reed mat is woven stick by stick and any heart which is impregnated by them will have a black mark put into it, but any heart which rejects them will have a white mark put in it. The result is that there will become two types of hearts: one white like a white stone which will not be harmed by any turmoil or temptation, so long as the heavens and the earth endure; and the other black and dust-coloured like a vessel which is upset, not recognizing what is good or rejecting what is abominable, but being impregnated with passion.

[Muslim]

WHAT IS IN THE CHEST?

There is a piece of flesh in the body if it becomes good (reformed) the whole body becomes good but if it gets spoilt the whole body gets spoilt and that is the heart.

[Bukhari]

Allah opened Rasulullah SAW's Heart For Khayr

Did We not expand for you, [O Muhammad], your breast?

Ash-Sharh [94:1]

HEART OPENS UP TO DISBELIEF

Whoever disbelieves in [i.e., denies] Allah after his belief... except for one who is forced [to renounce his religion] while his heart is secure in faith. But those who [willingly] open their breasts to disbelief, upon them is wrath from Allah, and for them is a great punishment;

FAITH IN THE HEART

And know that among you is the Messenger of Allah. If he were to obey you in much of the matter, you would be in difficulty, but Allah has endeared to you the faith and has made it pleasing in your hearts and has made hateful to you disbelief, defiance and disobedience. Those are the [rightly] guided.

Al-Hujurat [49:7]

ALLAH LOOKS AT HEART

Verily, Allah does not look at your appearance or wealth, but rather He looks at your hearts and actions.

[Muslim]

MUSTARD SEED OF IMAN

None shall enter the Fire (of Hell) who has in his heart the weight of a mustard seed of Iman and none shall enter Paradise who has in his heart the weight of a mustard seed of pride.

[Muslim]

The similitude of the heart is like a leaf hanging from the trunk of a tree that is being blown upside down by the wind and it is only called the heart (al-qalb) because it changes so rapidly
(yataqallib)
[Ahmad]

HEARTS KEEP CHANGING

Surely the heart of son of Adam is more upheaval than a pot when it is completely on the boil
[Musnad Ahmad]

Verily, the hearts of all the sons of Adam are between the two fingers out of the fingers of the Compassionate Lord as one heart. He turns that to any (direction) He likes. Then Allah's Messenger (ﷺ) said:
اللَّهُمَّ مُصَرِّفَ الْقُلُوبِ صَرِّفْ قُلُوبَنَا عَلَى طَاعَتِكَ
[Muslim]

Signs the Heart is Open

Love For Good Deeds
Islam Becomes Easy
Love of Allah
Desire to Learn the Deen
Acceptance of Allah's Commands

5 Steps to Fix Heart:

Consuming Halal only
Company of Righteous People
Tahajjud (esp Istighfar at this time)
Fasting
Recite Qur'an while pondering over it

ONE STEP FORMULA:

Faith cannot be fixed



Until Heart is Fixed
Heart cannot be fixed



until Tongue is Fixed

Start Working on Your Tongue
Don't Hurt People
with Your Tongue

How Does A Heart Open Up?

Believing in Oneness of Allah
Knowledge of Deen
Turning to Allah & Loving Him
Following Prophet SAW
Utmost Good with People
Saving oneself from Jealousy,
Hate & Arrogance.

5 Steps to Ruin Heart:

Eating A lot
Sleeping A lot
Loving Idols or Fake Gods
Following Desires
Meeting People All the Time

BENEFITS OF AN OPEN HEART

Happiness & Good Deeds
- Recognition of Good & Evil
Less Deeds More Rewards
Grave Will Expand & Light up

CONSTRICTED / TIGHT HEART:

Too Busy to Learn the Deen
Doesn't Enjoy Good Deeds
Finds Islam difficult
Difficulty Accepting Commands of Allah
Active For DUNYA but lazy for DEEN?

ANALYZE OUR HEART

HEART OPENS OR CONSTRICT:

Pray Fajr Recite Qur'an Don't Lie Don't Tease

SELF-CHECK:

Is my chest open to the truth? Yes/No

Am I concerned abt the H/A more than I am concerned abt this life? Yes/No

Do I strive to do good despite opposition? Yes/No

KNOWLEDGE INTO ACTION

Be pleased with Islam

Be pleased with the Commands of Allah

Accept the Commands of the Prophet SAW

Happily Accept the Decisions of Allah

Implement them with Joy

Free yourself For Worship

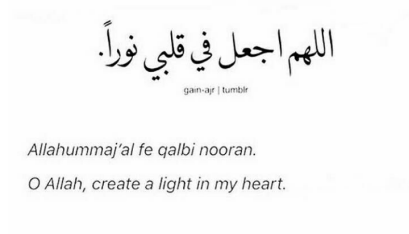
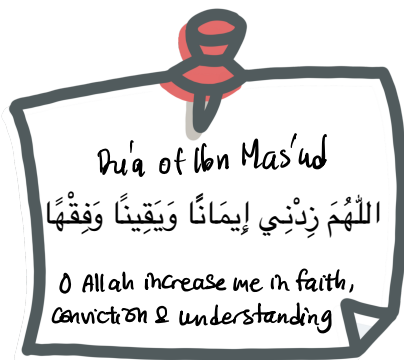
Spend More Time with the Qur'an

Keep Reiving & Renewing Your Faith

Make Righteous Friends

Purify Your Heart : Fast 3 days a month / White Days / Mon & Thursday

Istighfaar



note to self:
KEEP A CHECK ON
YOUR HEART!