

# PEARLS OF QUR'AN

## WHOEVER ALLAH WANTS TO GUIDE

فَمَنْ يُرِدِ اللَّهُ أَنْ يَهْدِيَهُ يَشْرَحْ صَدْرَهُ لِلْإِسْلَامِ وَمَنْ يُرِدْ أَنْ يُضِلَّهُ يَجْعَلْ صَدْرَهُ ضَيِّقًا حَرَجًا كَأَنَّمَا يَصْعَدُ فِي السَّمَاءِ كَذَلِكَ يَجْعَلُ اللَّهُ الرِّجْسَ عَلَى الَّذِينَ لَا يُؤْمِنُونَ

SO WHOEVER ALLAH WILLS TO GUIDE - HE OPENS THEIR HEART TO ISLAM; BUT WHOEVER HE WILLS TO LEAVE ASTRAY - HE MAKES THEIR CHEST TIGHT AND CONSTRICTED AS IF THEY WERE CLIMBING UP TO THE SKY. THIS IS HOW ALLAH DOOMS THOSE WHO DISBELIEVE.

AL-AN'AM AYAH 125



# GUIDANCE

IT IS A GIFT THAT ONLY COMES TO THOSE WHO SEEK IT  
WHEN IT COMES TO OTHER BLESSINGS YOU DON'T HAVE  
TO ASK - FAMILY, HEALTH ETC

## REVERTS

ASKED ALLAH FOR GUIDANCE SOME TIME IN THEIR LIFE

## BORN MUSLIMS

NEED TO MAKE DU'A FOR GUIDANCE AND STRIVE FOR IT

## DESIRE TO SEARCH FOR TRUTH

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WE NEED THE TRUTH AND WE DESIRE IT. OUR FITRAH, ENABLES US  
TO RECOGNISE CREATION  
THE QUR'AN, THE MESSENGERS, TEACHERS ARE ALSO SIGNS TO  
GUIDE US TO KNOW THE TRUTH &

## OUR PURPOSE IN LIFE

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ALLAH INCREASES  
GUIDANCE FOR THOSE  
WHO ACCEPT THE  
TRUTH

KNOWING THE TRUTH  
COMPLETES THE PURPOSE  
OF OUR EXISTANCE



YOU LOOK FOR THE  
TRUTH, YOU ACCEPT THE  
TRUTH  
EVEN IF IT IS 1 ASPECT OF  
DEEN, ALLAH WILL OPEN  
MORE DOORS OF  
UNDERSTANDING FOR YOU

IF YOU DON'T  
ACCEPT EVEN 1  
POINT, THEN YOU  
WONT BE ABLE TO  
UNDERSTAND THE  
REST OF IT

IS FROM ALLAH AND ONLY HE  
KNOWS THE TRUTH, IT IS EVIDANT  
ONLY IF WE SEEK IT

THERE ARE SO MANY SIGNS THAT TO GUIDE YOU, IN  
THE UNIVERSE, CELESTIAL OBJECTS, THE SUN,  
MOON, STARS AND GALAXIES ALL ARE OBEIDENT TO  
ALLAH!

BY ALLAH'S MERCY, WE WILL NOT  
BE LEFT ACCOUNTABLE BASED  
ON OUR INTELLECT, BUT WE WILL  
BE IF WE REJECT THE MESSAGE.

He said, "Our Lord is He who gave  
each thing its form and then guided  
[it]."

Ta-Ha, Ayah 50

ALLAH CREATED US AND DID  
NOT LEAVE US, HE SENT US  
GUIDANCE AND HE WILL  
INCREASE HIDAYAH FOR THOSE  
WHO LOOK FOR IT AND ACCEPT  
IT.

# LET'S BREAK IT DOWN

## THE PROBLEM IS IN THE HEART

AN OPEN HEART



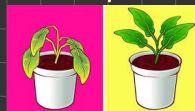
يُشْرَحُ صَدْرَهُ

If Allah wants to guide someone, He makes it easy for the person to understand Islam.

Allah opens up the heart for Islam, Tawheed & Yaqeen

GUIDANCE IS THE SAME WITH 2 DIFFERENT REACTIONS

ISLAM, THE GUIDANCE AND TRUTH IS NOT THE PROBLEM



EXAMPLE OF A SEED

You plant the seed in 2 pots, both receive same water and sunlight but 1 grows and the other does not, because the seed was faulty. Similarly, some people look good and religious on the outside, like they have a good heart and soul, very disciplined and organised but deep inside they don't understand the truth because of a problem in the heart. A seed can start off good but get corrupt, just like the heart, so make du'a for a good heart.

كَأَنَّمَا يَصْعَدُ فِي السَّمَاءِ

When this constricted heart is told about Islam and the truth, the person feels like dieing, heavy, like when you are going up to the sky on a rollercoaster ride.

A CONSTRICTED HEART



ضَيْقًا حَرَجًا

Whoever Allah wants to misguide, or stay in misguidance

Allah makes the heart constricted, you cannot understand or accept Islam Tawheed & with no Yaqeen / conviction

# WHAT IS FILTH?

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## الرَّجْسَ



### IBN ZAYD

#### PUNISHMENT

The ones who feel constriction in their hearts after hearing the truth, they will face the punishment.

### IBN ABBAS

#### SHAYTAAN

Shaytaan is appointed on the person who has a constricted heart

### MUJAHID

#### EVERYTHING WITH NO KHAYR IN IT

Whatever a person with a constricted heart does or experiences, there is no good in it.

They knew, saw and recognised the truth, they knew it was right, but they turned away, denied, ignored.

Because of this :-  
Heart is covered  
Ears are blocked and deaf  
So no good can come in.

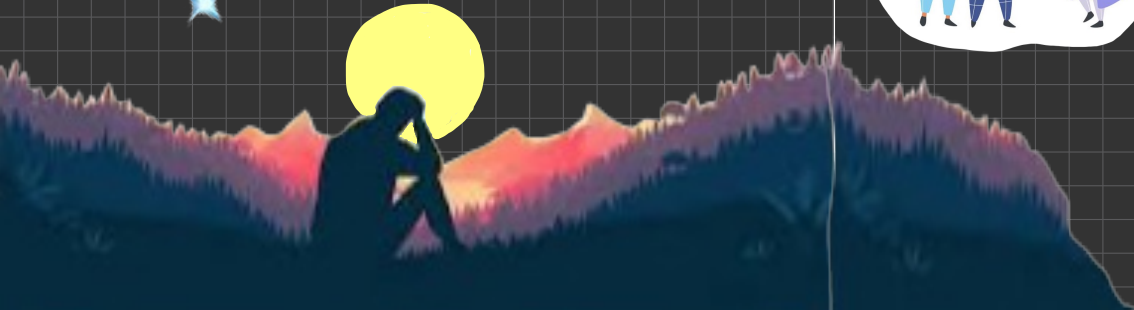


Even if you invite them to guidance and show and explain them all the evidences and signs, they will never be guided. This happens when we don't take the truth seriously.



Someone told you about a command that is hard for you, so instead of accepting it is the truth and realising you are weak and you need more time to work on implementing it, you deny the truth and then it becomes hard for you to implement in your life, your heart becomes hard, you don't feel bad about not doing it and you don't care to obey the command.

**“And who is more unjust than one who is reminded of the verses of his Lord but turns away from them and forgets what his hands have put forth? Indeed, We have placed over their hearts coverings, lest they understand it, and in their ears deafness. And if you invite them to guidance - they will never be guided, then - ever.”**  
**Al-Kahf, Ayah 57**



It is the most precious organ  
When the chest is open, the heart is open so it is  
easy for you to understand and accept.

**Beware! There is a piece of flesh in the body if  
it becomes good (reformed) the whole body  
becomes good but if it gets spoilt the whole  
body gets spoilt and that is the heart.  
Sahih al-Bukhari 52**

Allah opened Rasul Allah's  
PBUH heart because it was the  
most pure and Allah chooses  
people because of their heart

**Did We not expand for you,  
[O Muhammad], your breast?  
Al-Sharh, Ayah 1**

## WHAT IS IN THE CHEST?



**So is one whose breast Allah has expanded to  
[accept] Islam and he is upon a light from his  
Lord [like one whose heart rejects it]? Then  
woe to those whose hearts are hardened  
against the remembrance of Allah . Those are  
in manifest error.  
Az-Zumar, Ayah 22**

Don't deny the truth, if you don't know,  
just say you don't know, do your  
research then answer. Don't let ego get  
in the way!

**Whoever disbelieves in Allah after his belief...  
except for one who is forced [to renounce his  
religion] while his heart is secure in faith. But  
those who [willingly] open their breasts to  
disbelief, upon them is wrath from Allah, and for  
them is a great punishment;  
An-Nahl, Ayah 106**

If someone saw the truth and then turned away and willingly  
opens up to kufr will have a great punishment from Allah.

**IF A PERSONS HEART DOES NOT OPEN  
UP FOR IMAN IT OPENS UP TO KUFR**

**FAITH LIVES IN THE HEART!**



# THE PARABLE OF FAITH

## 4 TYPES OF HEARTS



### POLISHED

Heart of the believer  
Light of Iman is in the heart  
Shiny as a radiant lamp



### SEALED

Heart of the disbeliever  
No understanding



### UPSIDE DOWN

Heart of a hypocrite  
He had knowledge but  
he denied the truth



### WRAPPED

The heart that contains  
both faith and hypocrisy  
Some days you are good  
some days not

**Abu Sa'id reported: The Messenger of Allah, peace and blessings be upon him, said: There are four kinds of hearts: a polished heart as shiny as a radiant lamp, a sealed heart with a knot tied around it, a heart that is turned upside down, and a heart that is wrapped. As for the polished heart, it is the heart of the believer and its lamp is the light of faith. The sealed heart is the heart of the unbeliever. The heart that is turned upside down is the heart of a pure hypocrite, for he had knowledge but he denied it. As for the heart that is wrapped, it is the heart that contains both faith and hypocrisy. The parable of faith in this heart is the parable of the herb that is sustained by pure water, and the parable of the hypocrisy in it is the parable of an ulcer that thrives upon puss and blood; whichever of the two is greater will dominate. [Source: Musnad Ahmad 11129, Grade: Sahih]**

## THE HEART IS SMART & RECOGNISES

It's not just a lump of flesh! A heart of a boy was transplanted into another girl, and somehow she knew the lyrics to a song that the boy wrote! According to a book by a cardiologist.

If the heart can't recognise right from wrong, it means that the heart is spiritually dead.

**IBN MAS'OOD : "Doomed is the one whose heart doesn't recognise the good as good and the bad as bad."  
Al-Tabarani 8564**



Stop yourself before you eat haram  
 Stop yourself before you dress haram  
 Stop yourself before you watch haram  
 Stop yourself before you listen to haram

Have you ever stopped yourself from eating something really unhealthy or haram, or dressing too sexy, or doing something sinful? It's your heart that tells you to stop! You are able to see what is right and wrong.

**Allah gives wealth to whose He loves and those He does not love, while He does not grant faith except to those whom He loves.**

**At-Tagheeb 1571**

And know that among you is the Messenger of Allah . If he were to obey you in much of the matter, you would be in difficulty, but Allah has endeared to you the faith and has made it pleasing in your hearts and has made hateful to you disbelief, defiance and disobedience. Those are the [rightly] guided.

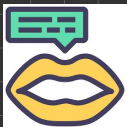
**[Al-Hujurat, Ayah 7]**

Allah has endeared to you the faith and has made it pleasing in your hearts. He has made hateful to you disbelief and defiance. When we start loving iman, it is a gift from Allah, Alhamdulillah.

**None shall enter the Fire [of Hell] who has in his heart the weight of a mustard seed of Iman [Sahih Muslim 91b]**

A heart with iman will keep reminding us to repent and that is ablessing!

Iman is with the heart, tongue and limbs, not just lip service.



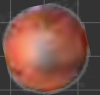
## WHAT MATTERS MOST?

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**Abu Huraira reported: The Messenger of Allah, peace and blessings be upon him, said, "Verily, Allah does not look at your appearance or wealth, but rather He looks at your hearts and actions."**  
**[Ṣaḥīḥ Muslim 2564]**

**Abdullah ibn Amr reported: The Messenger of Allah, peace and blessings be upon him, said, "Verily, the hearts of the children of Adam, all of them, are between the two fingers of the Merciful as one heart. He directs them wherever He wills. O Allah, the director of the hearts, direct our hearts to Your obedience."**  
**[Ṣaḥīḥ Muslim 2654]**

اللَّهُمَّ مُصَرِّفَ الْقُلُوبِ صَرِّفْ قُلُوبَنَا عَلَى طَاعَتِكَ



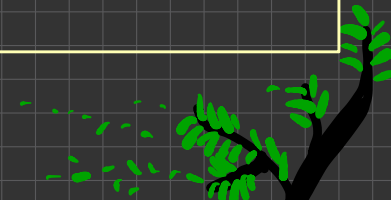
## HEARTS KEEP CHANGING

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Sometimes happy, sad, sometimes we are in good terms and other times we are not, or we like a type of food and then we dont.

**It is only called the Qalb [heart] because of how it can change. The similitude of the heart is like a leaf hanging by the trunk of a tree that is being blown down by the wind.**  
**[Musnad Ahmad 19661]**

**Surely the heart of son of Adam is more upheaval than a pot when it is completely on the boil.**  
**[Musnad Ahmad 23816]**



# SYMPTOMS OF AN OPEN HEART

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When your heart is open you love good deeds  
You love Allah more  
Islam and Ibaadah becomes easy  
You have a desire to learn Deen  
Acceptance of Allah's commands, all of it,  
you don't reject any even when you can't  
implement right away



## SCENARIO

You are not wearing hijab, someone comes and quotes verses from the quran about the hijab. Or someone tells you that music is haram and dancing in public is not permissible.  
How you react shows if your heart is open or not.

## HEART NOT OPEN

It's none of your business! Don't tell me to wear hijab, it's my life!

If you are not open you will be defensive, you are more worried about what people will say and embarrassment, you ignore and do not accept the truth.

## HEART OPEN

Thank you for the advice, I know it's true, it will take time, I will get there on Day soon, make du'a for me!

If you are open, you will say thank you for the advice, say you are not ready but You know its right and you know its true. You will work on it.



# HOW DOES A HEART OPEN UP?

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1. Believe in the oneness of Allah
2. Knowledge of Deen, when you properly become a student of knowledge, not just learning from YouTube videos.
3. Turning to Allah, repenting and loving Him.
4. Following the Prophet ﷺ, his seerah, sunnah, hadith, follow his roles, as a leader, parent, etc.
5. Do Ihsan with people, do good all the time even if people don't do good to you.
6. When you help more people sincerely.
7. When you save yourself from jealousy, hate and arrogance.
8. When someone gives you a hard time, you forgive and are respectful, you notice the softness in the heart.

# STEPS TO FIX A HEART

1. Consume halal only
2. Be in the company of righteous people
3. Pray Tahajud
4. Fasting
5. Recite the Qur'an and ponder all the time, start with an ayah a day and do taddabur.
6. Repeat an ayah and see how it relates with your life, interact with the Qur'an and you will find solutions.

# STEPS TO RUIN A HEART

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1. Sleeping and eating alot
2. Loving idols and false gods
3. Following desries
4. Meeting people all the time with useless idol talk, no benefit or productivity.



# 1 STEP FORMULA TO FIX THE HEART

The Prophet ﷺ said:

The faith of a servant is not upright until his heart is upright, and his heart is not upright until his tongue is upright. A man will not enter Paradise if his neighbor is not secure from his evil." Ibn Hanbal, [Musnad Ahmad 13048]

The heart and tongue is not upright and filthy language, thoughts and actions come out when bad content and the habits of bad company are downloaded into your heart through the eyes and ears. Keep your input areas clean, good and pure. Stop cursing and stop watching evil!

Check your tongue, do you curse, swear, lie, backbite, gossip, criticise and are you always complaining and negative? If you slip, you can fine yourself! Work on your tongue to save your heart!

Hudhaifa said: I heard the Messenger of Allah (may peace be, upon him ) observing: Temptations will be presented to men's hearts as reed mat is woven stick by stick and any heart which is impregnated by them will have a black mark put into it, but any heart which rejects them will have a white mark put in it. The result is that there will become two types of hearts: one white like a white stone which will not be harmed by any turmoil or temptation, so long as the heavens and the earth endure; and the other black and dust-coloured like a vessel which is upset, not recognizing what is good or rejecting what is abominable, but being impregnated with passion.

[Sahih Muslim 144a]



# BENEFITS OF AN OPEN HEART



1. You enjoy doing good and you feel happiness with good deeds.
2. Recognition of good and evil.
3. You do less deeds with more rewards, because of the conviction, awareness and the clear intention.
4. Your grave will expand and light up
5. Things will be easy for you on the Day of Judgement.

رَبِّ اشْرَحْ لِي صَدْرِي ۖ وَيَسِّرْ لِي أَمْرِي ۖ  
وَاحْلُلْ عُقْدَةً مِّن لِّسَانِي ۖ يَفْقَهُوا قَوْلِي ۖ

O My Lord, expand for me my chest. And ease for me my task. And untie the knot from my tongue. That they may understand my speech. ( طه : 25-28 )

When you make this du'a make the intention for Allah to open your heart to Islam, Yaqeen and Tawheed.



# SYMPTOMS OF A TIGHT HEART

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Does not enjoy doing Good deeds, like prayer Is a chore

Too busy to learn Deen But free enough to party and watch movies

Find islam difficult .

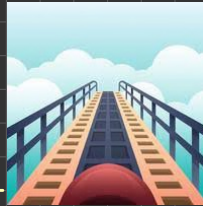


They are active in dunya for money, fame, name, work, fun, power and so on. They are lazy for deen like to pray, read and learn Qur'an, do charity etc. If they do charity they do it for the praises of people and to show off. -

Difficult to accept the commands of Allah Lots of excuses, if's and but's, Conditional obedience which is not sincere.

## EXAMPLE OF A TIGHT HEART

When they get a reminder their heart feels squeezed like they are going to die! On a rollercoaster ride, when the heart goes up, there is high pressure, constriction and you can't breathe, nervous. The heart rate goes up and there is no oxygen, no room to breathe. This is how a person feels with a constricted heart anytime they are given reminders about Islam.



# ANALYSE THE HEART

Don't assume you are all good

Always keep a check on your heart

When it is time for Fajr, are you happy or do you find it a burden?



When you read the Qur'an are you at ease or are you constricted?

Do you feel bad when you lie or it does not effect you?

Ask yourself - Is my heart open to the truth?

Do I strive to do good despite opposition?

# ILM TO ACTION

Be pleased with Islam  
Be pleased with the commands of Allāh  
Take sunnah seriously  
Happily accept Qadr  
Implement commands with joy  
Make time and free yourself for worship  
Spend more time with the Qur'an  
Revive your faith  
Make righteous friends

Purify the heart by fasting for 3 days each month, it will remove grudges and diseases from the heart.  
Keep doing Ighstifar it polished your heart

اللهم زدنا إيماناً و يقيناً و فقهاً

Abdullah ibn Mas`ud used to regularly pray, "O Allah, increase us in faith, conviction, and understanding (Allahumma zidna imana(n) wa yaqina(n) wa fiqha(n))." [Ibn Hajar, Fath al-Bari]

"Fasting three days a month takes away resentment from the heart."  
Musnad Ahmad 20738

It was narrated from Abu Hurairah that the Messenger of Allah (ﷺ) said:

"When the believer commits sin, a black spot appears on his heart. If he repents and gives up that sin and seeks forgiveness, his heart will be polished. But if (the sin) increases, (the black spot) increases. That is the Ran that Allah mentions in His Book: "Nay! But on their hearts is the Ran (covering of sins and evil deeds) which they used to earn." [83:14] [Sunan Ibn Majah 4244]

رَبَّنَا لَا تُرِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً ۗ إِنَّكَ أَنْتَ الْوَهَّابُ

**Our Lord, let not our hearts deviate after You have guided us and grant us from Yourself mercy. Indeed, You are the Bestower. ( آل عمران : 8 )**

اللَّهُمَّ اغْسِلْ عَنِّي خَطَايَايَ بِمَاءِ الثَّلْجِ وَالْبَرَدِ، وَنَقِّ قَلْبِي مِنَ الْخَطَايَا، كَمَا نَقَّيْتَ الثَّوْبَ الْأَبْيَضَ مِنَ الدَّنَسِ، وَبَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ .

**O Allah! Wash away my sins with the water of snow and hail, and cleanse my heart from all the sins as a white garment is cleansed from the filth, and let there be a long distance between me and my sins, as You made East and West far from each other." Sahih al-Bukhari 6368**

اللَّهُمَّ إِنِّي أَسْأَلُكَ قَلْبًا سَلِيمًا

**"Oh Allah I ask You for a sound heart"  
[as-silsilah as-saheehah 3228]**

|             |         |              |                           |            |                              |         |               |            |
|-------------|---------|--------------|---------------------------|------------|------------------------------|---------|---------------|------------|
| شَدِيدٌ     | بِمَا   | كَانُوا      | يَمْكُرُونَ               | فَمَنْ     | يُرِدِ                       | اللَّهُ | أَنْ          | يَهْدِيَهُ |
| ever-severe | because | they used to | (be) (ones who) they plot | so whoever | (is) (one who) Allah intends | that    | He guides him |            |

|             |           |               |             |                           |      |                       |          |
|-------------|-----------|---------------|-------------|---------------------------|------|-----------------------|----------|
| يَشْرَحُ    | صَدْرَهُ  | لِلْإِسْلَامِ | وَمَنْ      | يُرِدُ                    | أَنْ | يُضِلَّهُ             | تَجْعَلُ |
| He opens up | his chest | to al-Islām   | and whoever | (is) (one who) He intends | that | He lets him go astray | He makes |

|           |                         |             |                        |                                 |      |            |
|-----------|-------------------------|-------------|------------------------|---------------------------------|------|------------|
| صَدْرَهُ  | ضَيْقًا                 | حَرَجًا     | كَأَنَّمَا             | يَصْعَدُ                        | فِي  | السَّمَاءِ |
| his chest | very constricted/ tight | constricted | as if indeed certainly | he is ascending with difficulty | into | the sky    |

|          |                   |           |           |           |           |     |
|----------|-------------------|-----------|-----------|-----------|-----------|-----|
| كَذَلِكَ | تَجْعَلُ          | اللَّهُ   | الرَّجْسَ | عَلَى     | الَّذِينَ | لَا |
| thus     | Allah makes/ puts | the filth | upon      | those who | not       |     |

|              |          |           |                |                     |        |                             |
|--------------|----------|-----------|----------------|---------------------|--------|-----------------------------|
| يُؤْمِنُونَ  | وَهَذَا  | صِرَاطُ   | رَبِّكَ        | مُسْتَقِيمًا        | قَدْ   | فَصَّلْنَا                  |
| they believe | and this | (is) path | (of) your Rabb | (it being) straight | indeed | We have explained in detail |

