

EAT HALAL AND PURE

AL-MAIDAH : 88

وَكُلُوا

This ayah start with a command
Eating is one of command of Allah

3 categories of legislation according to situation:

WAJIB:

mandatory to eat to save life

MUSTAHAB:

Highly recommended to eat when you are hungry in order to have energy and to function normal in life

MUBAH:

It is permissible to eat when you are not hungry but do not exceed the limit

مِمَّا رَزَقَكُمُ اللَّهُ
Allah provide us all of things
Eat anything that meet this
2 criteria
HALAL & TOYYIB

وَكُلُوا

مِمَّا رَزَقَكُمُ اللَّهُ

حَلَالًا طَيِّبًا

وَاتَّقُوا اللَّهَ الَّذِي أَنْتُمْ بِهِ مُؤْمِنُونَ

And eat
of what Allah has provided for you
[which is] lawful and good.
And fear Allah, in whom you are believers.
Al-Maidah : 88

حَلَالًا

Condition of HALAL

in itself
in the way its earn

Benefits of HALAL food

protection of deen & respect

helps in doing good deed

heart soften

obedience become easy

deeds get accepted

طَيِّبًا

TOYYIB : 100% PURE & FRESH

- CLEAN : not rotten
- PLEASING : pleasing to palate taste & smell good
- BENEFICIAL : healthy
- SUITABLE : not allergic to it

Benefits of HALAL food

way to Allah's love & jannah

acceptance of Du'a

barakah in life & wealth

success in dunia & akhirat

sweetness in speech

barakah in children

earning with one's hand brings dignity

وَاتَّقُوا اللَّهَ
الَّذِي أَنْتُمْ بِهِ مُؤْمِنُونَ

Be mindful of Allah
Allah made it permissible to eat
Taqwa in eating : refrain from extreme
of eating
Taqwa: the provision of believer
Eating also test of faith whether you
follow Allah's command or not

all toyyib food are halal



They ask you, (O Muhammad), what has been made lawful for them. Say, "Lawful for you are [all] good foods and [game caught by] what you have trained of hunting animals which you train as of what they caught for you, and mention the name of Allah upon it, and fear Allah." Indeed, Allah is swift in account.

Al-Maidah : 4

HALAL & TOYYIB FOODS

Believer is like a bee which eats that which is pure

The Messenger of Allah said: By the One in whose hand is the soul of Muhammad, the believer is like a bee which eats that which is pure and wholesome and lays that which is pure and wholesome. When it lands on something it does not break or ruin it.

Musnad Ahmad 6879



Yahya bin Muadh said obedience is one of treasure of Allah. Its key is du'a & halal morsels are the teeth of the key

Treasure of obedience

Not equal the evil + the good

Say, "Not equal are the evil and the good, although the abundance of evil might impress you." So fear Allah, O you of understanding, that you may be successful.

Al-Maidah:100



EATING HALAL & TOYYIB CAN BECOME IBADAH

Then eat of what Allah has provided for you [which is] lawful and good. And be grateful for the favor of Allah, if it is [indeed] Him that you worship

Al-Nahl : 114

Gratitude after enjoying a halal & pure meal is considered worship

O you who have believed, do not prohibit the good things which Allah has made lawful to you and do not transgress. Indeed, Allah does not like transgressors

Al-Maidah:87

Do not impose restrictions on us for no reason

Narrated Abu Al-Juwayriyya:

I asked Ibn Abbas about Al-Badhaq. He said, "Muhammad prohibited alcoholic drinks before it was called Al-Badhaq (by saying), 'Any drink that intoxicates is unlawful.' I said, 'What about good lawful drinks?' He said, 'Apart from what is lawful and good, all other things are unlawful and not good (unclean Al-Khabith)'

Sahih Bukhari : 5598

Unclean is forbidden



{Saying}, "Eat from the good things with which We have provided you and do not transgress for oppress others therein, lest My anger should descend upon you. And he upon whom My anger descends has certainly fallen (i.e., perished)." Taha:81

Eat from the good things
Do not over eat

Rasulullah was particular about purity of food

UmmAbdillah sent some milk to the Prophet(SAW) after a long hot day. He sent it back asking where it is from? She said from my goat. He sent it back again asking where did you get the goat from? She said I bought it. When she asked O Messenger of Allah, I sent this milk to you because of the long hot day... Why did you enquire so much about it? he said, I was given the same command as the Prophets before me - that I should not eat except what is pure and not do except what is righteous

al silsilah al saheehah:136





DO NOT FOLLOW SYAITAN



WHAT IS HARAM?

Anything which is not halal

HARM OF HARAM

- Major sin
- Worship wasted
- Du'a rejected
- No entry in Jannah



Deprived of Jannah

Narrated Abu Bakr that the Messenger of Allah (SAW) said:
The body which is nourished with haram will not enter Jannah
Al-Silsilah al-Saheehah: 2609

Condemnation of haram

Narrated Abu Huraira:
The Prophet (ﷺ) said, "A time will come when one will not care how one gains one's money, legally or illegally."
Sahih Bukhari : 2059

Syaitan misguides us in Halal/Haram


Allah's Messenger(SAW), while delivering a sermon one day said: Behold, my Lord commanded me that I should teach you which you do not know and which He has taught me today.(He has instructed thus): The property which I have conferred upon them is lawful for them.I have created My servants as one having a natural inclination to the worship of Allah but it is Syaitan who turns them away from the right religion and he makes unlawful what has been declared lawful for them and he commands them to ascribe partnership with ie, although he has no justification for that.
Sahih Muslim:7386

do not follow footsteps of syaitan

O mankind, eat from whatever is on earth [that is] lawful and good and do not follow the footsteps of Satan. Indeed, he is to you a clear enemy.
Al-Baqarah : 168



Four Qualities

If you have these four qualities, you will not worry about what you missed in the world: fulfilling the trust, truthful speech, good character, and restraint with food."
Musnad Ahmad 6614



Don't follow syaitan

Ibn 'Umar said, "the Prophet, may Allah bless him and grant him peace, said, 'None of you should eat with his left hand nor drink with his left hand. Shaytan eats and drinks with his left hand."
Adab Al-Mufrad:1189



Drinking Haram

Narrated 'Abdullah bin 'Umar: That the Messenger of Allah (ﷺ) said: "Whoever drinks Khamr, Salat is not accepted from him for forty days. If he repents, then Allah will accept his repentance. If he returns to it, then Allah will not accept his Salat for forty days. If he repents, then Allah will accept his repentance. If he returns to it, then Allah will not accept his Salat for forty days. If he repents, then Allah will accept his repentance. If he returns to it a fourth time, Allah will not accept his Salat for forty days, and if he were to repent, Allah would not accept his repentance, and he will be given to drink from the river of Al-Khabal." They said: "O Aby 'Abdur-Rahman! What is the river of Al-Khabal?" He said: "A river of the pus from the inhabitants of the Fire."
Sunan At-Tirmidhi : 1862

KNOWLEDGE INTO ACTIONS

Always eat halal

Check ingredients

Leave the doubtful

Do not ever think of consuming haram

Eat halal for acceptance of our du'a

KEEP A CHECK ON YOUR FOOD

Care about purity of what we eat

do not be too quick in lable halal/haram food

Teach our children about HALAL & HARAM

Narrated Abu Huraira:

Dates used to be brought to Allah's Messenger (ﷺ) immediately after being plucked. Different persons would bring their dates till a big heap collected (in front of the Prophet). Once Al-Hasan and Al-Husain were playing with these dates. One of them took a date and put it in his mouth. Allah's Messenger (ﷺ) looked at him and took it out from his mouth and said, "Don't you know that Muhammad's offspring do not eat what is given in charity?"

Sahih Bukhari : 1485

MAKE DU'A

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا،
وَرِزْقًا طَيِّبًا، وَعَمَلًا مُتَقَبَّلًا

O Allah, I ask You for beneficial knowledge,
goodly provision and acceptable deeds.
Sunan Ibn Ma jah:925

اللَّهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ
وَأَعْنِنِي بِفَضْلِكَ عَمَّنْ سِوَاكَ

O Allah, suffice me with Your lawful against Your prohibited,
and make me independent of all those besides You
Sunan At-Tirmidhi :3563