

ISLAM IS THE
WAY OF LIFE



PEARL OF THE WEEK 7

Beevi Jamal

HALAL IN:
EATING,
EARNING, DRESSING
DEALINGS WITH OTHERS



EAT HALAL AND PURE

وَكُلُوا مِمَّا رَزَقَكُمُ اللَّهُ حَلَالًا طَيِّبًا
وَاتَّقُوا اللَّهَ الَّذِي أَنْتُمْ بِهِ مُؤْمِنُونَ

And eat of what Allah has provided for you [which is] lawful and good. And fear Allah, in whom you are believers.

AL MAIDAH:88

FOOD IS OUR
BASIC NEED

ALLAH HAS GIVEN
US VARIOUS TYPES
OF FOOD

ALL FOOD ARE HALAL
EXCEPT WHAT IS
STATED IN THE QURAN
AND SUNNAH.

THE QURAN IS THE WORDS OF OUR CREATOR
SUNNAH IS THE WAY THE PROPHET SHOWED US, AND HE DOESN'T DO
OR SAY ANYTHING WITHOUT ALLAH'S APPROVAL.

A BELIEVER IS LIKE A CAMEL.
TIED TO THE LAWS
AND COMMANDS OF
ALLAH AND THE
TEACHINGS OF THE
PROPHET ﷺ



A BELIEVER ACCEPTS
AND PREFER THESE
LAWS OVER HIS OWN
DESIRES. HE FOLLOWS
THE GUIDELINES OF
EATING HALAL AND
THOYYIB (PURE)

BE CONSCIOUS OF ALLAH
(TAQWA)

SHEIKH UTAHYMEEN SAID:

EATING IS :

WAJIB - MANDATORY WHEN
ONE NEED TO SAVE HIS LIFE
MUSTAHAB - HIGHLY
RECOMMENDED WHEN ONE IS
HUNGRY/NOT HUNGRY BUT
ACCEPTING SOMEONES
INVITATION TO EAT. (EAT LITTLE)

THERE ARE 2
CONDITIONS FOR THE
FOOD TO BE HALAL

- HALAL IN ITSELF.
- THE MONEY USED TO GET
THE FOOD SHOULD BE
FROM HALAL EARNINGS.

THE FOOD IS HARAM IF:

- HARAM IN ITSELF (PROHIBITED
IN THE QURAN)
- HARAM MONEY-TAKING
OTHER'S MONEY WITH
INJUSTICE.
- HARAM INCOME- EARNINGS
FROM HARAM PROFESSIONS

BEFORE EATING OUT, CHECK THE INGREDIENTS OF THE FOOD SERVED THERE!
IF SOMEONE GIVE US FOOD, IF THEIR EARNING IS HARAM, THEN THE FOOD IS
HARAM FOR US.

يَسْأَلُونَكَ مَاذَا أَحَلَّ لَّهُمْ قُلْ أَحَلَّ لَكُمْ الطَّيِّبَاتِ...

They ask you, O Muhammad, what has been made lawful for them. Say, "Lawful for you are (all) good foods...

AL-MAIDAH:4

Basul Allah was Particular About Purity of Food

UmmAbdillah sent some milk to the Prophet ﷺ after a long hot day. He sent it back asking where it is from? She said from my goat. He sent it back again asking where did you get the goat from? She said I bought it with my money. So he drank it. When she asked O Messenger of Allah, I sent this milk to you because of the long hot day... why did you enquire so much about it? he said, I was given the same command as the Prophets before me - that I should not eat except what is pure and not do except what is righteous.

السلسلة الصحيحة:1136

قُلْ لَا تَسْعَى الْخَبِيثَ وَالطَّيِّبَ وَلَوْ أَنَّهُمْ كَثُرُوا
الْخَبِيثَ فَاتَّقُوا اللَّهَ يَا أُولِي الْأَبْصَابِ لَعَلَّكُمْ تَتَّقُونَ

Say, "Not equal are the evil and the good, although the abundance of evil might impress you." So fear Allah, O you of understanding, that you may be successful.

AL-MAIDAH:100

THOYYIB FOOD IS

- CLEAN
- FRESH AND TASTY
- NUTRITIOUS
- SUITABLE (NOT ALLERGIC)

EVEN IF THE FOOD IS HALAL AND THOYYIB, DO NOT OVEREAT. DO NOT CROSS LIMIT AND EAT AS REQUIRED TO MAINTAIN A HEALTHY LIFE.

PURE IS NOT SAME AS FILTHY

IMPURE FOOD WILL ATTRACT YOU, BUT NOT GOOD FOR YOU

BENEFITS OF EATING THOYYIB (PURE) FOOD:

- 1) WAY TO ALLAH'S LOVE AND JANNAH
- 2) ACCEPTANCE OF DOA-IF OUR FOOD, CLOTHES AND EARNINGS NOT HALAL, OUR DOAS WILL NOT BE ACCEPTED.
- 3) BARAKAH IN LIFE AND WEALTH.
- 4) SUCCESSFUL IN DUNYA AND AKHIRAT.
- 5) ABLE TO BE A PLEASANT PERSON.(WE ARE WHAT WE EAT)
- 6) BARAKAH IN CHILDREN.
- 7) EARNING THROUGH HALAL MEANS - GET DIGNITY IN DUNYA AND AKHIRAT.

Deprived of Jannah

عن أبي بكر الصديق مرفوعا:

لا يدخل الجنة جسد غذي بالحرام

Narrated Abu Bakr that the Messenger of Allah ﷺ said:

The body which is nourished with haram will not enter Jannah.

السلسلة الصحيحة: 2609

كَلُوا مِنْ طَيِّبَاتِ مَا رَزَقْنَاكُمْ وَلَا تَطْلُقُوا فِيهِ فَيْجَلْ عَلَيْكُمْ عَظِيْبٌ وَمَنْ تَطَّلَلْ عَلَيْهِ عَظِيْبِي فَتَدْ هُوِي

ISaying! "Eat from the **good things** with which We have provided you and **do not transgress** therein, lest My **anger** should descend upon you. And he upon whom My anger descends has certainly fallen."

TAHA:81

أَنْبَعٌ إِذَا كُنَّ فِيكَ فَلَا عَلَيْكَ مَا فَاتَكَ مِنَ الدُّنْيَا حِفْظُ أَمَانَةٍ وَصِدْقُ حَدِيثٍ وَحَسَنُ خَلِيقَةٍ وَعِفَّةٌ طُعْمَةٍ

If you have these four qualities, you should not worry about what you missed in the world: fulfilling the trust, truthful speech, good character, and restraint with food (purity).

Musnad Ahmad 6614

SHOULD NOT EARN ALLAH'S WRATH EVEN IN THE MATTERS OF FOOD!!!



A BELIEVER IS LIKE A HONEY BEE.



IN ORDER TO GET FOOD, DO NOT DESTROY ANYTHING. EAT CLEAN AND PURE FOOD.

The Messenger of Allah ﷺ said:

"By the One in whose hand is the soul of Muhammad, the believer is like a bee which eats that which is pure and wholesome and lays that which is pure and wholesome. When it lands on something it does not break or ruin it."

Musnad Ahmad 6872

إِنَّ مَثَلَ الْمُؤْمِنِ كَمَثَلِ النَّحْلَةِ أَكَلَتْ طَيِّبًا وَوَضَعَتْ طَيِّبًا وَوَقَعَتْ فَلَمْ تَكْسُرْ وَلَمْ تَفْسُدْ

يَا أَيُّهَا الَّذِينَ آمَنُوا لَا تَحْرِمُوا طَيِّبَاتِ مَا أَحَلَّ اللَّهُ لَكُمْ وَلَا تَعْتَدُوا إِنَّ اللَّهَ لَا يُحِبُّ الْمُعْتَدِينَ

O you who have believed, do not prohibit the good things which Allah has made lawful to you and do not transgress. Indeed, Allah does not like transgressors.

AL-MAIDAH:87

EATING HALAL AND PURE FOOD IS IBAADAH (FULFILLING THE COMMAND OF ALLAH). BEING GRATEFUL FOR THE HALAL AND PURE FOOD IS ALSO WORSHIP.

TIME SPENT TO COOK WHOLESOME NUTRITIOUS MEAL FOR FAMILY IS AN IBADAH.



كَلُوا مِمَّا رَزَقَكُمُ اللَّهُ حَلَالًا طَيِّبًا وَاشْكُرُوا لَعَلَّكُمْ تَكْفُرُونَ

Then eat of what Allah has provided for you (which is lawful and good. And be grateful for the favor of Allah, if it is indeed! Him that you worship.

AL-NAHL:114

DO NOT RESTRICT YOURSELF FROM HALAL FOOD.

LIVING A MISERABLE LIFE WHEN YOU ARE ABLE TO LIVE COMFORTABLY IS NOT RIGHTeous

ISLAM = TRUTHFULNESS

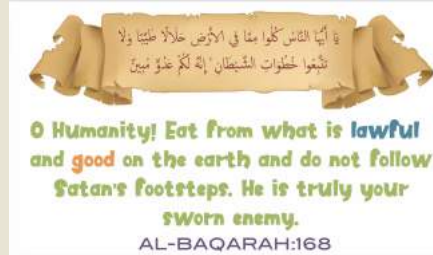


EATING HALAL AND PURE FOOD IS FOR EVERYONE,
NOT ONLY THE BELIEVERS.

THE FIRST CRIME IN HUMAN HISTORY WAS EATING THE
FORBIDDEN FRUIT.

THE SHAITAN HAS TRIED THAT ON ADAM AND HAWWA.
HE WILL TRY TO MAKE US FALL INTO HARAM TOO.

SO, BEWARE!!! DON'T FOLLOW SHAITAN



EAT WITH RIGHT HAND



HARMS OF EATING HARAM

- 1.NO ENTRY INTO JANNAH.
- 2.ITS A MAJOR SIN.
- 3.WORSHIPS ARE WASTED.(Shaitan doesn't bother about people who worship Allah a lot, but they earn and eat haram.He already know that their worships are not accepted.He lets them do all the Ibadahs.)
- 4.DOAS ARE REJECTED. (If you are not contended even after making doa, you need to check your intake, Is it Halal or Haram?)

ALLERGIC FOOD IS NOT THOYYIB.
THE WAY YOU AVOID ANY ALLERGIC
FOOD, YOU SHOULD RUN AWAY
FROM HARAM FOOD AND DRINK.

HARAM = ALLERGIC

BEWARE OF HOW YOU EARN YOUR INCOME!!!





If you have these four qualities, you should not worry about what you missed in the world: fulfilling the trust, truthful speech, good character, and restraint with food (purity).

Musnad Ahmad 6614



LET'S CHECK OURSELVES!



KEY (Doa)

TEETH (Halal food)

BENEFITS OF HALAL

- 1) Protection of Deen and Respect.
- 2) Open doors to do more good deeds
- 3) Our deeds get accepted by Allah swt.
- 4) Obedience to Allah becomes easy.
- 5) Heart is softened.



ARE WE CONSUMING HARAM?

YAHYA bin MUADH said:

Obedience is one of the treasures of Allah.

Its **KEY** is the **DOA** and The **HALAL MORSELS** are the **TEETH OF THE KEY**.

If you want to obey Allah, the key to unlock the treasure is DOA & HALAL FOOD

The teeth of the key (HALAL FOOD) is very important part of the key.

Even if the KEY (DOA) is intact, but if the TEETH OF THE KEY (HALAL FOOD) is not there, the KEY (DOA) will not be beneficial.

Drinking Haram

Narrated 'Abdullah bin 'Umar: That the Messenger of Allah (ﷺ) said: "Whoever drinks Khamr, Salat is not accepted from him for forty days. If he repents, then Allah will accept his repentance. If he returns to it, then Allah will not accept his Salat for forty days. If he repents, then Allah will accept his repentance. If he returns to it then Allah will not accept his Salat for forty days. If he repents, then Allah will accept his repentance. If he returns to it a fourth time, Allah will not accept his Salat for forty days, and if he were to repent, Allah would not accept his repentance, and he will be given to drink from the river of Al-Khabal." They said: "O Aby 'Abdu-Rahman! What is the river of Al-Khabal?" He said: "A river of the pus from the inhabitants of the Fire."



JAMI' AT-TIRMIDHI 1862

EATING AND DRINKING EFFECTS OUR HEALTH AND MOOD



HAVE CONSCIOUS (TAQWA) OF ALLAH, HE IS WATCHING WHAT WE EAT AND DRINK!

ACTION POINTS

- ALWAYS EAT HALAL NO MATTER WHERE YOU ARE.
- DON'T EVEN THINK ABOUT EATING HARAM.
- LEAVE THE DOUBTFUL.
- CARE ABOUT THE PURITY.
- DON'T BE TOO QUICK TO LABEL ANYTHING HARAM.
- CHECK INGREDIENTS, INTENDING TO OBEY ALLAH.
- TEACH YOUR CHILDREN ABOUT HALAL AND HARAM.
- EAT HALAL FOR ACCEPTANCE OF OUR DEEDS.

Dates used to be brought to Allah's Messenger (ﷺ) immediately after being plucked. Different persons would bring their dates till a big heap collected (in front of the Prophet). Once Al-Hasan and Al-Husain were playing with these dates. One of them took a date and put it in his mouth. Allah's Messenger (ﷺ) looked at him and took it out from his mouth and said, "Don't you know that Muhammad's offspring do not eat what is given in charity?"

Sahih Al-Bukhari 1485



DOA'S

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا وَرِزْقًا طَيِّبًا
وَعَمَلًا مُتَقَبَّلًا

O Allah, I ask You for beneficial knowledge, goodly provision and acceptable deeds

اللَّهُمَّ اكْفِنِي بِحَلَالِكَ عَنْ حَرَامِكَ وَأَغْنِنِي
بِفَضْلِكَ عَمَّنْ سِوَاكَ

O Allah, suffice me with Your lawful against Your prohibited, and make me independent of all those besides You

KEEP A CHECK ON
YOUR FOOD