

PEARLS OF WISDOM

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#01

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PEARLS OF WISDOM

WHAT WILL WE DO ?



Follow Dr Farhat's series

1 Ayat a week with word to word translation

1 Core concept to explore deeper

2 segments each session :- Academic and Implementation

PEARL OF THE WEEK

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

This is what we recite first, we begin with the name of Allah!
It is a constant ayah in every surah except in surah at-Tawbah

بِسْمِ اللَّهِ

Saying this is the bare minimum we need to have barakah in our lives

It does not change

It includes the Name of Allah, the most Perfect and Greatest Name, it includes all of Allah's names.

ORIGIN OF LAFDH AL JALALAH

الجلال

MEANINGS

1

AL- MA'BUD

THE ONE WHO IS
WORSHIPPED

2

AL- MALJA

THE ONE WHO'S
REFUGE IS
SOUGHT

3

AL MAFHOOZ'
ILAYH

ONE WHO'S
HELP IS
SOUGHT

4

AL MAHBUB

ONE WHO IS GREATLY LOVED

"I CALL TO
ALLAH
ALONE."

- WHEN U R WARNED & U CALL UPON HIM, HE REMOVES YOUR HARM.
- WHEN U R LOST IN THE WILDERNESS & U CALL UPON HIM, HE BRINGS U BACK.
- WHEN U R AFFLICTED BY FAMINE & U CALL UPON HIM & HE MAKES YOUR CROPS GROW.

(MUSTAFA AHMAD)

الرَّحِيمِ

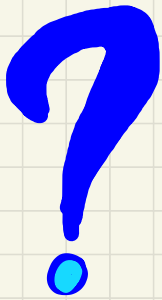
Ar-Rahim

1. An exclusive mercy for believers only.
2. Beautiful Name [not exclusive]
3. Mercy as a result of our deeds and du'a.

الرَّحْمَنِ

Ar-Rahman

1. A general mercy to all
2. Exclusive name
3. A mercy for all regardless of their deeds [good or bad]



WHY DO WE BEGIN WITH
ALLAH'S NAMES?

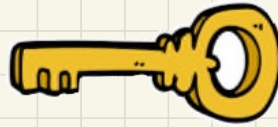
"And to Allah belong the best names, so invoke Him by them. And leave [the company of] those who practice deviation concerning His names. They will be recompensed for what they have been doing."

AL-A'raf, Ayah 180

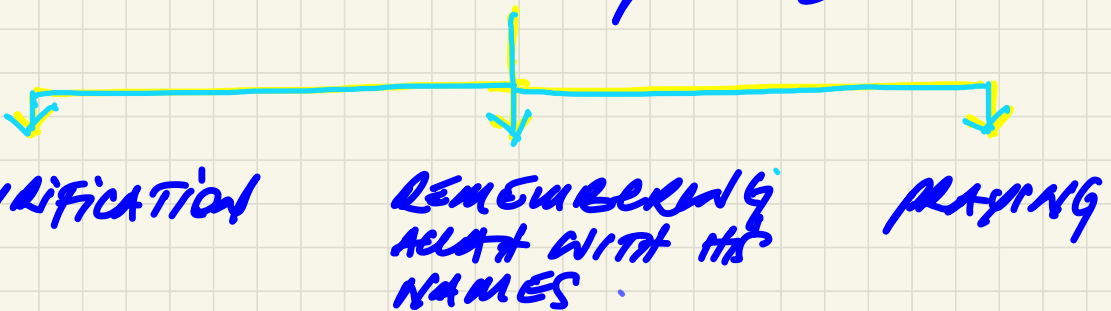
1. Allah's Name is Blessed [Rahman :78] When we begin everything with His name, it will all be blessed!
2. Allah's Name is the Most High, when we call Him He will help us! [Al-A'laa : 1]

3. For success! [al-A'laa :14-15]

"He Has certainly succeeded who purifies himself, And mentions the name of his Lord and prays"



WHAT ARE THE KEYS TO SUCCESS?



4. It is a command of Allah to remember His Name. [al-Insan : 25]

"And mention the name of your Lord [in prayer] morning and evening" Al-Insan, Ayah 25

5. It reminds us of Allah, to be conscious of Him, like when we drink water, we think about how the water reached us, how blessed we are to be able to drink it, a relief and mercy from Allah,

6. When we remember Allah and mention His Name before we begin anything, it helps to take away arrogance, we remember His favours and builds feelings of gratitude in our hearts.

WHAT ARE THE BENEFITS WHEN WE SAY BISMILLAH?

① BARAKAH



Wahshi bin Harb Wahshi bin Harb narrated from his father, from his grand father, that they said, "O Messenger of Allah (ﷺ), we eat and do not feel full." He said, " Perhaps you eat separately? Gather to eat together, and mention the name of Allah the Exalted over it, then it will be blessed for you"

[Musnad Ahmad : 16078]

② PROTECTION



When night falls [or when it is evening], stop your children from going out, for the devils spread out at that time. But when an hour of the night has passed, release them and close doors and mention Allah's name; cover your containers and utensil and mention Allah's name. Cover them by planting something across it; and extinguish your lamps."

[Sahih Bukhari : 5623]

3 ADEQUACY

It was narrated that Aishah r.a said, "The Messenger of Allah (ﷺ) was eating food with six of his companions when a bedouin came and ate it all in two bites. The Messenger of Allah (ﷺ) said, "If he had said Bismillah, it would have sufficed you [all]. When one of you eats food let him say Bismillah. And if he forgets to say Bismillah at the beginning, let him say Bismillah fi awwalihi wa akhirihi [in the name of Allah at the beginning and at the end.]"

[Sunan Ibn Majah : 3624]

4 SAFETY FROM SUDDEN AFFLICTION

Aban bin Uthman said : I heard Othman bin Affan [his father[say : I heard the Messenger of Allah say : if anyone says x3 :

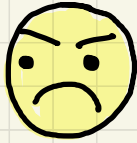
"In the Name of Allah, when whose name is mentioned, nothing on earth or in heaven can cause harm, and He is the Hearer, the Knower." He will not suffer sudden affliction till the morning and if anyone says this in the morning, he will not suffer sudden affliction till the evening.

[Abu Dawud] 5088



5.

SAFETY FROM ARROGANCE



It's not about me and it's not because of me. It is because of Allah I am able to do anything. Iblees was kicked out of Jannah and was cursed because of his arrogance.

We would never say Bismillah before doing anything bad like backbiting, gossiping, watching movies and so on.

6

OPPORTUNITY TO DO GOOD

Saying Bismillah opens doors to more good!



Harms of not saying Allah's Name

1. It becomes food for Iblis! Your home will be for him and you don't want that!

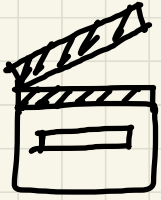
Iblees [the satan] said : everybody's sustenance has been determined so what is my sustenance? He [Allah] said : what has not had My Name mentioned upon it.

[al-Silsilah as-Sahihah : 708]

2. There is no group of people who sit in a gathering and do not mention Allah in it except that the gathering will be deficient for them. There is no man who walks on a pathway without mentioning Allah except that it will be deficient for him. There is no man who goes to lie down on his bed, and does not mention the name of Allah, except that it will be deficient for him."

[Musnad Ahmad :9583]

KNOWLEDGE TO ACTION!



SAY BISMILLAH BEFORE...



EVERYTHING! CHANGING CLOTHES!

DRINKING + EATING STARTING WORK

YOU RIDE ENTERING → RESTROOM SLEEP
ANY TRANSPORT HOUSE RECITATION OF
WITAMAY THE QUR'AN

SAY BISMILLAH WHEN...

YOU ARE
IN PAIN

LEAVING THE HOUSE

VISITING THE
SICK

YOU COVER
POIS &
PAIN!

WAITING A TOILET

YOU BURY THE
DECEASED

SLAUGHTERING AN
ANIMAL!

'Whoever you love
You will remember
So if you really love
Allah
Remember Him!'



START
Everything.
with
BISMILLAH