



SURAH LUQMAN

ACTION POINT CHECKLIST



Group Khadijah

LESSON 1

WISDOM & GRATITUDE

- Use our limbs to do good deeds
- To be consistent in saying alhamdulillah and glorifying Allah
- Less complains, be more positive
- Feel, express & show gratitude
- Have a gratitude journal
- Grateful to Allah in every situation

LESSON 2

DO NOT DO SYIRK

- Watch your intention: are you doing to please Allah or to please people?
- Memorize and consciously read this du'a daily:

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَشْرِكَ بِكَ وَأَنَا أَعْلَمُ وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

O Allah, I seek refuge in You from ascribing any partner to you knowingly. I also seek your protection from unknowingly [ascribing partners to you].
- Seek protection from showing off for it is a minor syirk

LESSON 3

BE DUTIFUL TOWARDS PARENTS

- Do things that makes them happy: give gifts, call them, visit them
- Give charity on their behalf and spend on them
- Maintain good relationship even if they don't treat you well
- Speak kind words to them
- Make du'a after every salah: رَبِّ ارْحَمْهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا



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LESSON 4

AVOID USELESS SPEECH

- Avoid being in bad company _____
- Don't listen to music _____
- Avoid joining in any gossip and if you are in a gathering, leave or hate it in your heart _____
- Use your time wisely, avoid activities that distract you from the worship of Allah _____

LESSON 5

NOTHING IS HIDDEN FROM ALLAH

- To have taqwa of Allah in public and in private _____
- Do ihsaan in your worship; as if you can see Allah _____
- Do ihsaan to people around you _____
- Be mindful of our actions, words and thoughts _____

LESSON 6

FOLLOW THE PATH OF THOSE WHO OFT REPENT

- Follow the actions of the righteous _____
- Have sincere company _____
- Seek 'ilm to distinguish between right and wrong _____

LESSON 7

ESTABLISH PRAYER

- Perform salah on time _____
- Fulfill the rights of salah _____
- Try to develop khusyu' by making the right intentions _____



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LESSON 8

ENJOIN GOOD AND FORBID EVIL

- Stand up for justice, speak up or at least hate it in your heart

- Practice what you preach

- Share with others what you have learnt

LESSON 9

BE PATIENT

- When doing da'wah, be patient when challenged, don't let it affect you, don't lose your cool and focus

- Withhold from negative reaction

- When receiving bad news, say:
الْحَمْدُ لِلَّهِ عَلَى كُلِّ حَالٍ

LESSON 10

GOOD CHARACTER

- Respect others

- Do not show off

- Adopt moderate demeanor in walk, talk and actions

GENERAL LESSONS

- Be accountable of your actions; reflect your actions every night and make the intention to do better the next day

- To be gentle, loving and caring when giving advice to children

- Advise should include the good and the bad so both can be distinguished

- Memorize and make these du'a daily:

رَبِّ هَبْ لِي حُكْمًا وَأَلْجِئِي بِالصَّالِحِينَ

My Lord! Bestow Hukm (religious knowledge, right judgement) on me, and join me with the righteous,

اللَّهُمَّ حَاسِبِينَ حِسَابًا يَسِيرًا

O Allah! Grant me an easy reckoning