Preparation for carrying your baby

1. Make mountain fold and valley fold and repeat from one end to another.

2. Hold the sling, and pass folded tail part through both rings.

3. Open two rings, and pass the tail back through one ring. Then, pull the fabric.

4. Unravel the fabric between two rings.

5. Finally pull the fabric in order from the edge so that the fabric does not stick in some one part of the ring.

6. Completed.
   This preparation is very important.

Removing your baby from the sling

1. Support your baby securely with your hand and loosen the sling a little from the ring.

2. Take your baby out.
   You don't need to remove the fabic from the rings.