Carrying position #1：Tummy to -Tummy (from birth)
(10 days - 24 months / 3.5kg - 13kg)

Ideal position to calm your baby. The wearer's close heartbeat replicates the womb environment and the proximity to skin helps with temperature control.

1. Place the sling on your shoulder.
(Please refer to P4 "Preparation for carrying your baby")
Please also check that the fabric of your back side does not twist.

2. Position the ring above your shoulder.
(The ring position will be down when you put your baby in and adjust the sling.)
The ideal position of the ring is on your collar bone.

3. Before place your baby in, spread the fabric and make a pocket so that baby can fit in.
The inner edge (green part) must be tight to prevent your baby from falling through.

4. Support your baby securely, lift up over your shoulder in the burping position and cover your baby's body up with the fabric.

5. While supporting your baby, lower him/her into the sling and let their feet come out. Place your baby's legs in the frog leg M shape position : Their knees higher than their bottom.
Fabric should extend to their knee to knee and sit under their bottom.

6. Keep your baby supported while you pull the tail to tighten the sling. Be sure to pull out and down, rather than just straight down.
(Refer P10 "For better adjustment".)

7. Spread the sling to cover your baby's back.
For newborn baby, pull up the fabric well to cover his/her neck and head.
Be careful to keep his/her airway clear.

8. Spread the fabric over your shoulder for added comfort.

9. Completed.

10. If your baby is newborn, twist the extra tail a few times.

11. Wrap around baby's neck so that it can support unstable neck well.

12. Completed.
When you want to take out your baby, support your baby securely with your hand, loosen the sling a little from the ring, and take your baby out from the sling.