

## Hospital Checklist

### For Mum

- Hospital bag
- Nightwear
- Dressing gown
- Slippers/thongs
- Maternity pads
- Maternity bras
- Breast pad
- Underwear
- Toiletries
- Tissues
- Hairbrush
- Toothbrush & toothpaste
- Towel
- Comfortable clothes for going home
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### For Baby

- Nappy bag
- Nappies
- Gentle wipes
- Baby wash
- Baby wraps / Bunny rugs
- Bodysuits
- Mittens
- Socks/botties
- Hat/beanie
- Capsule/carrier (0-6 months)



### *Bath & Changing*

- Baby bathtub
- Non-slip bath mat
- Baby towels
- Baby toiletries (Shampoo/lotion)
- Changing mat
- Nappies
- Nappy pins / nappy fastener
- Nappy wipes
- Nappy liners
- Nappy cream
- Nail clipper /scissors



### *Nursing & Feeding*

- Nursing bras
- Nursing top
- Breast pads
- Breastfeeding support pillow
- Muslin squares
- Breast pump
- Breast milk storage bags
- Breast milk storage bottles
- Cooler bag & ice pack (cooling aids)
- Bottles
- Steriliser
- Soothers/dummies/pacifier
- Nipple cream
- Nipple shield
- Teats (0-3 month, 3-6month)



- Bottle brush
- Bottle warmer
- Bottle cleanser
- Bibs
- Thermo flask

### *Sleeping*

- Bassinet or cot
- Playpen / playard
- Mattress
- Mattress protectors
- Sheets & extra sheets for changing
- Bedding co-ordinates (cot bumpers, pillow & bolsters)
- Quilt / blankets
- Baby monitor
- Wardrobe & hangers
- Dresser / drawers
- Nightlight



### *Baby Clothes*

#### *Newborn to 3 months*

- Bodysuit
- Sleepwear
- Daywear outfits
- Socks/Booties
- Mittens
- Hats/beanie

### *Travel*

- Convertible car seat (0-4 years)
- Stroller / travel system
- Baby carrier (sling, wrap, etc)
- Toys

### *Health*

- Thermometer
- Nasal cleaner

### *Laundry*

- Clothes Detergent
- Clothes hangers

